

# THE HEALTHCARE ADVOCATE

By Chaplain America 193 Nov. 1 2020



Joshua 10:25 Then Joshua said to them, “Do not be afraid nor be dismayed be strong and of good courage for thus the Lord will do to all your enemies against whom you fight.” Amen

When we enter into American healthcare, we have got to have all our ducks in a row by knowing in advance who to contact when dealing with certain issues. It is critical that we learn how to properly navigate through American healthcare not just for our own sake but also for our loved one's sake as well.

Take the time to find out who the Ombudsman is for each health care facility that you may have to go into someday this would mean contacting the Ombudsman Department and asking them about who is the Ombudsman for a particular hospital, nursing home, care center, medical rehab in your area.

The Ombudsman is charged with being your advocate while you or someone you love is in a health care facility. the Ombudsman arbitrates on your behalf with the health care facility to resolve certain issues, they are a key member of your health care team, get to know them in advance and be sure to call them in on day one of being admitted into a health care facility this way the health care facility knows that you know how the system works and that you mean business. This is how things are done in order to protect ourselves in American healthcare.

Another key player to have in your corner is the Surveyor. The Long Term Care licensing Department has Surveyors for each health care facility if there are any infractions in the CMS guidelines that the health care facility is failing to comply with then you can contact the Long Term Care Licensing Department and file a complaint and a Surveyor will be sent out on site to make sure that the facility complies with the CMS Guideline rules. If the health care facility still remains out of compliance after the surveyor comes on site, then that facility will be heavily fined for being out of compliance. Google and print out the CMS Visitation Guidelines for your state and for the nation.

Another key player to have in your health care corner is the Civil Rights Division. Each state has their own Civil Rights Division that is attached to the Attorney General's Office, get to know what your civil rights are and what your civil liberties are in American healthcare, print out documentation on what your rights as a patient are and what your rights as a family member are learn them and have them with you because if a health care facility is violating your civil rights then the people to call are the Civil Rights Division of your state talk to a Compliance Officer tell them the situation and if they indeed are violating your civil rights file

a complaint, it's their job to arbitrate with the health care facility in making sure your civil rights and your civil liberties are being honored.

Another key player is your Pastor or Chaplain, having a compassionate Pastor or Chaplain in your corner can mean all the difference between having a healthy positive state of mind or living in a state of hopelessness, anxiety, despair, and depression. don't wait until someone you love is in the hospital before you take the time to reach out to a Pastor or Chaplain, get to know them now while the skies are blue so when the storms of life come blowing in they're already in your corner, they know you, they know your family, and they'll go the extra mile to be there for them.

When entering into American healthcare get the names of the Chaplain onsite if they have one and have that person come for a visit. Find out who the Social Worker, Activities Director and the Charge Nurse is, getting to know who these people are and how to contact them can help in expediting your loved ones needs more quickly, get to know what each of these person's responsibilities and functions are, this is how we prepare ourselves, also get to know your illness in side and out. Study what are the best options and what are the best treatments and what's best for you, after all you know your body more than they do. The first thing that happens when you go into American healthcare is the primary care physician will order a series of tests by a stream a specialists, their argument is better to be safe than sorry my response to that is, it's better to be left alone with peace of mind then to be turned into a human pincushion for profit and greed. The fact is we don't need all of these tests, we need the tests that address our illness, be selective, be smart, ask questions, use the Internet to do research, keep your guard up, have at least one healthy screened family member be your medical healthcare advocate. Take notes, take names, watch very closely what's going on. Some of the most deadliest preventable medical mistakes in American healthcare are because patients were given the wrong medication or they were given multiple medications too close together or they were given the wrong dosage or they were given medication that the patient was allergic to but the staff was unaware of.

This is why it's so important to have somebody we love standing by our side when we enter into American health care, accidents happen, neglect happens, abuse happens, incompetence happens, greed happens, and if you have a strong

advocate by your side who's watching over you, praying over you and making sure that you are receiving the love and comforts from home then the odds of these mistakes happening becomes very low because we're there holding staff countable in making sure that we catch mistakes in time when they are made.

These are only some of the precautions we need to take in American healthcare. I wrote a book with very simple down to earth instructions on how to protect ourselves and our families in American healthcare it's called,

“Healthcare an American Heartache” which includes “How To Protect Our Families in American Healthcare” It is FREE to Amazon Prime Members and FREE as a PDF file on my website along with many other of my books.  
[www.miraclesofkingman.com](http://www.miraclesofkingman.com)

God Bless You, be aware, be safe, be informed from Chaplain Paul 193 John 14:27

## O Lady Liberty

by Chaplain Paul July 4<sup>th</sup> 2009

O Lady Liberty who used to shine O how you used  
to shine so bright with awe, dignity and delight,

O but now I ask you what has happened O sweet  
Lady Liberty, has our government truly traded  
honor for lust and honesty for disgust?

O Lady Liberty when you were young our nation  
was a shining light chasing away the darkness of  
the night.

O Lady Liberty you flew like eagle and dove, O but  
now fallen from air heavy in debt and sunk with  
despair.

O Lady Liberty we see your torch shine, please help  
us to put all of this greed and corruption behind.

O Lady Liberty we look to Our Lord Christ Yeshua's

light to lead us back on a path of what we know  
to be right.

O Lady Liberty we stand and we pray that our nation  
will stand back on the path of righteousness  
someday, for out of the darkness and into the day I  
can't help but to ask our nation to pray,

“O Lord please help fix our broken health care and  
heal our sick, and replace greed and corruption  
with love and compassion, Amen.”

O Lady Liberty of iron and copper, of torch and of  
flame, of beauty and strength, of wisdom and peace  
let our great nation look upon you and see the pain in  
your eyes and the tears that flow like rain because of  
our nations sorrowful pain.

O Lady Liberty many have bled, sacrificed and have  
died, it's high time we as a nation stand up and turn  
back the tide.

O Lady Liberty what you're telling is so true, “People  
of America stand up and do what you know in your  
hearts to be right, before this precious land of ours  
vanishes right before our very sight!”

I ask you do you love liberty from sea to shining sea  
and are you willing to lay down your life for the sake  
of liberty? For so many have done before when  
adversity and war came knocking at America's front  
door.

Now inscribed on Lady Liberty are these few  
precious words for all to see “Give me your tired your  
poor your huddled masses yearning to breathe free”

This is a poem I faithfully call O Lady Liberty...

(verse written by Emma Lazarus)

Now the Lord is the Spirit and where the Spirit  
of the Lord is there is Liberty.

2 Corinthians 3:17

