



Nahum 1:7 The Lord is good a stronghold in the days of trouble
he cares for those who trust in Him

19 POEMS STORIES AND WRITINGS

By Chaplain Paul Vescio March 2021



Luke 10:19 Behold I give you the authority to trample on serpents and scorpions and over all the power of the enemy and nothing shall by any means hurt you.

This book is dedicated to my Mother Pat Vescio for without her and my Father's strength, courage, teachings, and love I would not be where I am today.

The Red Robbin Who Danced with Broken Wings

Written in honor of Pat Vescio by her son Paulie March 14 2021

This is the story of The Red Robin who danced with broken wings. There once lived a Red Robin who was filled with such compassion and love, she lived a life dedicated to family by always placing the needs of others first.

At some point in her life when she was very young her wings became broken and she could no longer fly but instead of complaining or withering away she was able to find her blessings within each passing day, she focused her attention on her family with great compassion and love, you might even say this Red Robin had the heart of a dove.

The Red Robin had the courage of an eagle when facing life's storms, she had the wisdom of an owl with the life skills of a Falcon and Hawk, this little Red Robin was no chicken no siren and she was nobody's sitting duck and she was definitely no turkey, no not at all. She had the grace of a Swan and at times could sing like a lark, you see this little Red Robin was definitely not afraid of the dark, and when life's storms came blowing in threatening to tear down our home it was the Red Robin who reminded us all that God was in control and that everything was going to be OK and there were brighter days ahead. She would remind us to keep our faith and trust in Christ our Lord, for He will always provide us with His Holy Bread and even though this Red Robin suffered dearly with broken wings her love of family and the Lord kept her dancing in the life's pouring rain...Amen John 14:27

Do You Believe in Love?

By IHOPEUDO

If you are seeking proof of our living God then all you have to do is ask yourself the question, "Do you believe in Love?"

The truth is if you believe in love then you believe in God. For the Bible tells us that God is Love. 1 John 4:16 And we have known and believe the love that God has for us, God is love and he who abides in love abides in God and God in him.

John 3:16 For God so loved the world that He gave His only begotten Son that whoever believes in Him should not perish but have everlasting life.

Love holds the answer to every question and the solution to every problem.

1 John 4:11-21, 5:1-3 Beloved if God so loved us we also ought to love one another no one has seen God at anytime if we love one another God abides in us and His love has been perfected in us, by this we know that we abide in Him and He and us because He has given us of His Spirit and we have seen and testified that the Father has sent the Son as Savior of the world. Whoever confesses that Christ Yeshua is the Son of God abides in Him and he in God, and we have known and believe the love that God has for us, God is love and he will abide in love abides in God and God in him.

Love has been perfected among us in this that we may have boldness in the day of judgment because He is so are we in this world. There is no fear in love but perfect love cast out fear because fear involves torment but he who fears has not been made perfect in love. We love him because He first loved us, if someone says I love God and hates his brother he is a liar for he who does not love his brother whom he has seen how can he love God whom he has not seen?

And this commandment we have from Him that he who loves God must love his brother also, whoever believes that Yeshua is the Christ is born of God and everyone who loves Him who begot also loves Him who is begotten of Him. By this we know that we love the children of God, when we love God and keep his commandments for this is the love of God that we keep his commandments and his commandments are not burdensome...Amen John 14:27

For immediate release

LaTribuna Christian Publishing Announces “Healthcare an American Heartache”

Chaplain Paul has been serving in nursing home ministry for almost 12 years now and he has seen firsthand the need for change in American healthcare. Chaplain Paul has also been a health care activist for over 25 years now fighting for a better healthcare system in America.

Chaplain Paul was quoted saying, “Healthcare an American Heartache is the story about what happened to my family in having to deal with a broken healthcare system in America. I wrote this book to serve as both a warning and a guide for people who enter into American healthcare. The fact is if we do not know how to affectively navigate through American healthcare, we run the real risk of being led like sheep to the slaughter for profit and greed. The pain and hardship that my family had to endure was inexcusable, no family should have to go through what my family went through when placing their faith and trust into our health care system.”

Chaplain Paul was also quoted saying, “After my mother and father died back in the 90s I decided to fight back with love, I began bringing homemade cheesecakes into nursing homes, care centers, medical rehabs, and hospitals to show appreciation to doctors, nurses, and staff members in the hopes that the power of love would transcendence into the quality of care for the patients.

I also added, How To Protect Our Loved Ones in American Healthcare to this book which is a very easy down to earth guide on how to protect ourselves when entering into American healthcare. It is my hope that all those who read this book will learn from it and apply its teachings to their lives.”

Chaplain Paul’s newest e-book “Healthcare an American Heartache is Free on Amazon from March 17 until March 21 and is Free to Amazon Prime members and it is also Free as a PDF file on the Miracles of Kingman website along with many other of his books.

<https://www.amazon.com/dp/B08XJLBP5H>

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HEARTBROKEN

2021

There was a time when my best friend sat side by side, we would hold hands as we sat and watched the setting sun slowly melting away in the afternoon sky. And as the years rolled by, we made a promise to never leave each other's side.

The days turned into weeks and weeks into months and months into years as the years of our lives seemed to just peel away like a soft dream. Then one day my best friend got Covid19 and suddenly she was taken way from me. She was sent to the hospital where I was told I could not go in to be with her. I demanded to be by my wife's side and no matter how hard we tried the answer was still no.

My wife had a real hard time of things you see she had never been in a hospital before and she was scared to death especially in having to deal with it alone. With each passing day I got on my knees and prayed, I begged God to please help me find a way in, to be by my best friend's side. I couldn't help but to cry. You see we had never been apart in all those years, we are like two peas in a pod and when we were young we even dressed alike.

40 years earlier, Today was my best friend's 30th birthday and our two young daughters are so excited. We all pitched in and decorated the house. Mom had gone out with a friend for lunch and we were all very busy getting everything ready for the big surprise. Then at 4pm Mom pulled in to the driveway and when she came in the house we all yelled, "Surprise, Happy Birthday Mom!!!!!!!"

My best friend looked at us all with a great big smile and said,

"Now what's all this fuss for anyway?"

We all had a really good day and later on after the kids were in bed my best friend and I sat on the couch and promised each other we would always be by each other's side no matter what and with a hug and a I love you we gave God thanks and turned in for the night.

And now here I am sitting at home all alone while my best friend lies suffering in a hospital bed all alone fighting for her life.

"O Lord please help me get in to be by my best friend's side, Please Lord she needs me now more than ever."

This is a fictional story but the reality of it is happening across our nation each day. Please contact your elected officials and demand that a safe, fair, compassionate pathway to visitation in American healthcare be established immediately for all our sake. A visitation plan that allows at least one healthy screened Covid tested family member to come in to be by their loved one's side at least two times a week for at least 30 min. even if there is Covid on site. Family members could take the same precautions as staff members. Family members provide the love and the compassion and the encouragement that is essential in ensuring a positive attitude and a healthy state of mind. Family members provide the comforts from home and they provide the added protection ensuring that our loved ones are being cared properly we make sure our loved one's medical wishes are being honored and that staff are doing their job and are doing their job correctly.

Thank You and God Bless You from Chaplain Paul 193 John 14:27

Leaves of Sorrow Turned into Leaves of Joy

By Chaplain Paul 193 March 10 2021

We are but leaves clinging to the Tree of Life and as the sands of time drift away we grow very fond of the leaves that are all around us, with each passing season as time marches on all the leaves on the Tree of Life age with beauty and majesty, at some point during the mist of an autumn's rainbow the leaves reveal the brilliant colors of their creation.

Then just before winter has gray skies give way to silent peaceful snowfall's wonder the first snow arrives and the leaves begin to gently fall off their branches and float slowly to the ground, the other leaves begin to cry for they know their time is quickly coming to an end.

With each passing day the leaves hang on for dear life refusing to let go as a gentle breeze blows in from the sea to gently grasp a few dozen leaves in the palm of its hand. The leaves are carried away under a moonlit night and deposited gently on the ground, in time the leaves become the soil which in turn becomes the food for the tree. For what appeared to be the end of life is actually a circle of life and a new beginning. For the leaves that had fallen away and died eventually are renewed and become part of the Tree of Life what seems to be an ending is actually a glorious new beginning.

For in the beginning God created the heavens and the earth and the earth was void and without form and darkness covered the face of the deep the Spirit of God was hovering over the face of the waters and God said,

“let there be light and there was light.”

Genesis 1:1-3

LETTERS TO GOD

In 2021

When times are really bad one of the ways to cope and to find comfort and peace of mind is to write a letter to God. Writing a letter to God by putting your thoughts and concerns on paper is very good for our spirit and soul and it is very good for our mental health as well.

Before I was sent to prison there were times when I thought I was going to lose it, there were times when I felt I was going to come unglued, so I sat down and wrote a letter to God and it really does seem to help.

When I was sent to prison I would write letters to God and when times got really hard in my life one of the things that I would do during those very difficult times was to write a letter to God.

I even put some of them on the wall as a reminder that God is real and He loves us and He listens to our concerns. God is the one Who helps to get us through life's storms. If you are going through a very difficult time or if you have been greatly blessed or if you want to send a message of thanks, praise and love to God then writing a letter is one of the best ways to do that because it is a physical example of showing our belief in Him and it is an example of showing our love for Him.

Habakkuk 2:1-3 I will stand my watch and set myself on the rampart and watch to see what God will say to me and what I will answer when I am corrected.

Then the Lord answered me and said, "Right the vision and make it plain on tablets that he may run who reads it for the vision is yet for an appointed time but at the end it will speak, and it will not lie, though it tarries wait for it because it will surely come it will not tarry...Amen

Hebrews 11:1 Now faith is the substance of things hoped for the evidence of things not seen.

God Bless You All From Chaplain Paul 193 John 14:27

DEFINITION OF A MIRACLE

A **miracle** is an event not explicable by natural or scientific laws. ... Theologians typically say that, with divine providence, God regularly works through nature yet, as The Creator He is free to work without, above, or against it as well.

Miracle, a noun **meaning** "amazing or wonderful occurrence," comes from the Latin miraculum "object of wonder." Dig way back and the word derives from smeiros, **meaning** "to smile," which is exactly what you do when a **miracle** happens, we smile in giving God all the thanks, praise, honor and glory.

7 Miracles of Christ Yeshua

- Changing water into wine at Cana in John 2:1-11 - "the first of the signs"
- Healing the royal official's son in Capernaum in John 4:46-54.
- Healing the paralytic at Bethesda in John 5:1-15.
- Feeding the 5000 in John 6:5-14.
- **Yeshua** walking on water in John 6:16-24.
- Healing the man blind from birth in John 9:1-7.

We deem a miracle as being something out of the ordinary, a miracle is something very special and when a miracle takes place we are nothing less than amazed by it, but if we could see all the miracles that are happening in a single day on planet earth we would realize that God is in the business of creating miracles in our lives. To God miracles are as natural as leaves on a tree.

Hebrews 11:1 now faith is the substance of things hoped for the evidence of things not seen.

<https://bible.org/illustration/definition-miracles>

The Peace of Christ Yeshua

By Chaplain Paul 193 March 7 2021

John 14:27 Peace I leave with you, My peace I give to you, not as the world gives do I give to you, let not your heart be troubled neither let it be afraid.

When we enter into a personal relationship with Christ He provides us with a peace and a love that surpasses all understanding.

New King James Study Bible Commentary John 14:27

The customary goodbye among the Jewish people was to say Shalom meaning peace. The Lord was about to depart so He added to this farewell by saying, "My peace." The word My is emphatic, this is no conversational wish this is Christ's personal, special grant of peace the peace that Christ gives banishes fear and dread from the heart for Christ Yeshua is in full control of all circumstances in our lives.

John MacArthur Bible Commentary John 14:27

The word Peace reflects the Hebrew Shalom which became a greeting to his disciples after the resurrection. At the individual level this piece unknown to the unsaved secures composure in troubles, dissolves fear and rules in the hearts of God's people to maintain harmony the greatest reality of this piece will be in the messianic Kingdom.

Philippians 4:6-7 Be anxious for nothing but in everything by prayer and supplication with thanksgiving let your request be made known to God and the peace of God which surpasses all understanding will guard your hearts and minds through Christ Yeshua...Amen

Peace Inner peace refers to a state of being mentally and **spiritually** at **peace**, with enough knowledge and understanding to keep oneself strong in the face of discord or stress. Being "at **peace**" is considered by many to be healthy and the opposite of being stressed or anxious

Prayer of Faith

By Chaplain Paul 193 Jan 19 2021

James 5:13-16 The Complete Jewish Study Bible

Is someone among you in trouble? He should pray. Is someone feeling good? He should sing songs of praise. Is someone among you ill? He should call for the elders of the congregation. They will pray for him and rub olive oil on him in the name of the Lord. The prayer offered with trust will heal the one who is ill, the Lord will restore his health and if he has committed sins he will be forgiven. Therefore, openly acknowledge your sins to one another and pray for each other so that you may be healed. The prayer of a righteous person is powerful and effective.

The New Testament Recovery Version Commentary

Praying brings us the strength of the Lord to endure suffering and singing praise keeps us in the joy of the Lord.

To anoint with oil signifies to impart the Spirit of life who has been poured upon the Body of Christ as the anointing oil to the sick member of the Body through the elders as representatives of the church for the healing of the sick one. 1 John 5:16

In the name of the Lord signifies oneness with the Lord. The elders do not do the anointing alone rather by being one with the Lord they represent both the Body and the Head to do the anointing.

The committing of sins is often the cause of illness (John 5:14) In such cases forgiveness is always the cause of healing. (Matthew 9:2 5-7 Mark 2:5

PDV. Prayer may not always heal our physical body, but it will always heal or spiritual body and wellbeing. Prayer brings about inner peace, prayer brings about peace of mind. Prayer through our faith and trust in Christ the Lord is the spiritual healing medicine that helps us to get through the day when we are suffering, ask the Lord to anoint your head with His healing oil often so that his healing presence and love can be felt in your life.

Pray often, bring all of your concerns to the foot of the cross, rest all resentment, unforgiveness, worries, doubt and fears at the foot of the cross and just give it all to Abba Father in faith in Christ Yeshua's Holy Name Amen

John 14:27 Peace I leave with you, My peace I give to you, not as the world gives do I give to you, let not your heart be troubled neither let it be afraid.

REALITY OF LIFE CAN HELP MAKE THIS WORLD A BETTER PLACE TO LIVE IN

By Chaplain America 193 Feb 23 2021

The Bible teaches in Ecclesiastics, To everything there is a season a time for every purpose under heaven, a time to be born and a time to die, a time to plant and a time to pluck what is planted, a time to kill and a time to heal, a time to breakdown and a time to build up, a time to weep and a time to laugh, a time to mourn in a time to dance, a time to castaway stones and a time to gather stones, a time to embrace and a time to refrain from embracing, a time to gain and a time to lose, a time to keep and a time to throw away, a time to tear and a time too sew, a time to keep silent and a time to speak, a time to love and a time to hate, A time for war in a time for peace. Ecclesiastics 4:1-8

Our lives function in seasons, think of it; when we are born it is the springtime of our lives, new, fresh, bursting with energy and as we get a little older we enter into the summer of discovery, we shoot for the stars as we try to grab the bull by the horns, then we enter into the fall or autumn of our lives where we are mature, and blessed with a family and finally we enter into the winter of our lives whereas just like a falling leaf from a tree we gradually get old and slip away into the waiting hands of God.

It is in the winter of our lives where we suffer the most and if humanity could only come to the realization that we all suffer and die at one point or another on this planet then I think we would have more compassion for each other and we would be kinder to each other. We would be more understanding and forgiving towards each other because if we could see each other through the eyes of Christ then we

would realize just how much He truly does love each and everyone of us. We would realize and be able to see just how much each and every one of us at one point or another suffers. It is through our suffering that comes great compassion and it's through our compassion that comes great love, for without suffering there can be no compassion and without compassion there could be no true love.

John 3:16 For God so love the world that he gave His only begotten Son that whoever believes in Him should not perish but have everlasting life.

The ultimate act of love was when God gave of Himself to die on a cross so that our sin debt could be forgiven so that we all might be saved and spend eternity with Him in Heaven...Amen. John 14:27

Spiritual For The Soul

By Chaplain Paul 193 24 2021

The human condition needs Physical Care, Spiritual Care, and Loving Care along with a Healthy Diet and Proper Exercise, if we remove any of these equations from a person's health care regiment then their ability to heal and have a positive state of mental health is greatly hindered.

Physical care is the care we receive with treatment and medication which is vital when dealing with illnesses, but what American healthcare fails to understand is the human condition needs more than just physical care to heal. People need compassion and love and encouragement, and they need to be reminded about their faith in order to have a positive state of mind and the ability to cope while being confined to a health care facility.

Having family members and our Spiritual Caregivers come to visit us is critical for ensuring a speedier recovery and yes people do die, and it becomes even more important in having our loved ones around us during end-of-life Issues and having

our Spiritual Caregivers and mentors bedside in reassuring us that everything is going to be Ok and that God is in full control and that Heaven is real and God has prepared a special place for us in Heaven.

If American health care providers deny patients the loving care and the spiritual care along with proper exercise and diet that only leaves physical care and the road to recovery becomes a slow, miserable state of existence for the patient. In the rush to protect those from Covi19 who are confined in health care facilities they have denied the other critical elements that are needed in order to have a fighting chance for survival and have a healthy, positive state of mind.

Patients being confined to their rooms in isolation 24 hours a day seven days a week for weeks, and months on end with no visits from their loved ones with no visits from their Spiritual Caregivers with no visits from their Mentors such as Pastors, Chaplains, Priests, and Rabbis etc. and it becomes an awful way to have to deal with our illnesses. It is inhumane, immoral, and wrong. The fact is isolation kills, it kills mind body and soul and it is a slow, horrible, miserable, agonizing way to have to suffer all alone and die in American healthcare.

There needs to be a change American health care, American health Care has got to realize that love, compassion, and encouragement along with a healthy diet proper exercise and spiritual care are key elements in helping to recover from illnesses.

Lord I pray that things will change for the better, I have faith they will because I Know that God is in full control and He is working all things out for His good purpose, God bless you all from Chaplain Paul 193 John 14:27

Proverbs 3:5-6 Trust in the Lord with all your heart and lean not on your own understanding in all your ways acknowledge Him and He shall direct your paths...Amen

Surviving Without Love is a Slow Death

By Chaplain America 193 Feb 2021

They say love holds the solution to every problem and the answer to every question. The Bible teaches us in 1 John 4:7-21 Beloved let us love one another for love is of God and everyone who loves is born of God and knows God. He who does not love does not know God for God is love in this the love of God was manifested towards us that God has sent His only begotten Son into the world that we might live through Him in this is love not that we love God but that He loved us and sent His Son to be the propitiation for our sins.

Beloved if God so loved us we also ought to love one another, no one has seen God at anytime, if we love one another God abides in us and His love has been perfected in us by this we know that we abide in Him and He in us because He has given us His Spirit and we have seen and testify that the Father has sent the Son as Savior of the world. Whoever confesses that Yeshua is the Son of God, God abides in him and he in God.

And we have known and believed the love that God has for us, God is love and he who abides in love abides in God and God in him. love has been perfected among us in this that we may have boldness in the day of judgment because as He is so are we in this world.

There is No Fear in love but perfect love casts out fear because fear involves torment but he who fears has not been made perfect in love. We love Him (Christ Yeshua) because He first loved us. If someone says, I love God and hates his brother he is a liar for he who does not love his brother whom he has seen how can he love God whom he has not seen and this commandment we have from Him that he who loves God must love his brother also.

Matthew 22:37-39 Yeshua said to him, "you shall love the Lord your God with all your heart with all your soul and with all your mind this is the first and great commandment and the 2nd is like it, you shall love your neighbor as yourself.

John 15:5 And Yeshua said, "I am the Vine you are the branches he who abides in Me and I in him bears much fruit for without Me you can do nothing. John 3:16

THE CALL

By John 3:16

The Musician the Politician and the Actor who's power and fame has long passed, for back in the day these people were very famous. They traveled from place to place speaking and entertaining their loyal fans, and now here it is many years later as they sit all alone waiting for the phone to ring, waiting for the next big thing to come their way they sit and reminisce about times long past.

The Musician still cranks out a tune every once in a while. He'll go to the local club and play open mike night once or twice a month. You see back in the day this musician packed the house, he toured the world with the band that seemed to have the world in their hands, they grabbed a shooting star and played venues from sea to shining sea and now here it is just the musician and his guitar sharing his music with those who still want to listen to it, but still the old days are long gone.

The Politician calls a close friend and they talk about the campaign trail of yesteryear, they reminisce about the campaigns, they reminisce about their victories and defeats they reminisce about serving in public service. They talk about the battles won and they talk about some of the big battles in the political arena and when the conversation is over and they hang up the phone the reality sets in, they are still all alone.

The Actor who's world was a stage, the plays, the movie deals, the interviews, the fan clubs, the personal appearances, O what a time it was, the fans love a good actor. The actor sits and watches old videos of a time long past, the actor reminisces about the old days and too like the politician and the musician finds herself alone and forgotten.

The Musician the Politician and the Actor all have one thing in common they're all sitting by the phone waiting for it to ring, waiting for that next big thing but there in the corner of all three of these people's hearts is a phone that has never stopped ringing and it continues to ring day and night without end this phone has been ringing their entire life.

The phone continues to ring day and night but it is ignored, you see these three were always too preoccupied with fame and power and wealth building. They were always too preoccupied with trying to make it big here on earth, they were too preoccupied to look within their own hearts and answer the call that kept on ringing day and night for their entire lives.

I used to be just like the Musician the Politician and the Actor. I too was too preoccupied to pick up the phone that was ringing within my heart until one day I tripped and I fell and there was nobody there to help me except for the Person Who was on the other end of that ringing phone call. I reached out my hands in faith and from deep within I picked up the phone and our Lord Christ Yeshua was there and He told me that everything was going to be alright and that He had been with me every step of the way my entire life and He's going help walk with me for the rest of my life to get me safely onto the other side of eternity.

I had answered the call, Thank You God, Thank You Lord for thinking that much of me a no good sinner that You would die on a cross for me in order to pay for my sin debt so that I might be saved. Lord You placed a call to me and You waited patiently all these years and never gave up on me and now Lord I will never give up on You because I love You and I praise You and I need You in my life love always Paul. John 14:27

John 3:16 For God so loved the world that He gave His only begotten Son that whoever believes in Him should not perish but have everlasting life.

Matthew 22:14 For many are called but few are chosen.

Many are called but very few take the time to listen and answer the call.

Jeremiah 33:3 Call to Me and I will answer you and show you great and mighty things of which you do not know.

The Healthcare Activist

By Chaplain America 193 March 11 2021

The Health Care Activist sees a wrong in American healthcare and seeks only to make things right, He recognizes the injustice of corruption and greed, he is the voice for all those who are suffering in terrible need.

Health Care Activists place Service Above Self in reaching out in helping others for the glory of God. The Health Care Activist is someone with great passion and drive, for with the courage of a lion he will eat the opposition alive.

The Health Care Activist is the voice for all those who have no voice, he is the light that casts out the darkness of the night and he is the hope during life's fiercest storms. The Health Care Activist will lend a helping hand as a Good Samaritan when no one else seems to care, he will stand by your side and fight tooth and nail, he will be your Health Care Advocate when dark skies begin to thunder, lightning and hail.

The Health Care Activist is not looking for fame or glory, he is not interested in making a pile of money or achieving political power, he isn't looking to get his picture in the newspaper or be seen on the 6:00 o'clock news. He's not looking for interviews or accolades or rewards because he fights for those who are suffering and who are all alone, he fights for those who are abandoned and left behind, he fights for the mistreated and abused. He fights for those who have no family and who suffer day after day in their nursing home, care center, medical rehab and hospital beds with heavy hearts and great sadness and tears in their eyes, he fights for them because they have no one by their side, he fights for them in the hopes of turning the awful corruption and greed of American healthcare tide.

The Health Care Activist doesn't fight alone for he has God almighty standing there by his side and he has the hope and the light of Christ Yeshua to help guide the way, for he has the Holy Spirit to remind him of the hope of a brighter new day.

John 14:27

Joshua 10:25 Then Joshua said to them, “Do not be afraid nor be dismayed be strong and of good courage for thus the Lord will do to all your enemies against whom you fight.

Isaiah 41:10 Fear not for I am with you be not dismayed for I am your God I will strengthen you YES I will help you, I will uphold you with my righteous right hand.

2 Timothy 1:7 For God has not giving us a spirit of fear but of power and of love and of a sound mind therefore we shall not be ashamed of the testimony of our Lord.

Isaiah 40:28-31 Have you not know? Have you not heard? The everlasting God the Lord The Creator of the ends of the earth neither faints nor is weary. His understanding is unsearchable, He gives power to the weak and to those who have no might He increases strength, even the youths shall faint and be weary and the young men shall utterly fall but those who wait on the Lord shall renew their strength they shall mount up with wings like Eagles they shall run and not be weary they shall walk and not faint.

Nahum 1:7 The Lord is good a stronghold in the days of trouble He cares for those who trust in Him.

What Ever Happened to Dying at Home in Peace?

By Chaplain Paul 193 Feb 3 2021

Back in the day not too long ago in the fading free land we call America when people got sick they went to the hospital and if they didn't get well they either died there or they were sent home and their family members took care of them until they passed away. People died at home in peace surrounded by the love of their family in the comforts of their own home.

Then at some point millions of nursing homes were built dotting the landscape like a cancer, millions of medical rehabs joined the parade of sorrowers and greed and now when we go to the hospital and if we're not lucky enough to die during

end of life issues we get shipped out to one of these death camps of horror corruption, misery, torture, neglect, abuse, and greed, how did things come to this?

I visited many low-income nursing homes over the years and I honestly wouldn't place my worst enemy in one of these places, some of these places are horrific, all of our dignity is stripped away from us at a cost that would shock you. The food in most of these places is worse than prison food I was an inmate for two years so I know what prison food tastes like and believe me when I tell you the food in some of these places is absolute slop. When we are sick, we need healthy homemade foods not top ramen and fruit loops and hot dogs and macaroni and cheese we need good healthy foods in order to have a positive state of mind and in having a fighting chance for survival and good health.

The human condition needs love and compassion we need encouragement we need to have our loved ones around us when we are sick and suffering. To lock people away like zoo animals and prison inmates is inhumane and amounts to absolute torture. Isolation kills, it kills mind, body, and soul and it is a slow horrible miserable agonizing way to have to suffer all alone and die.

If given a choice keep your loved ones home as long as possible then if absolutely necessary place them in a good Hospice where they can be surrounded by love. Take time off of work, take care of them in their last days show them the love and the care and the compassion and encouragement that they gave you in raising you, do whatever you can to keep them home as long as possible and out of these terrible awful horrible nursing homes, care centers, and medical rehabs.

It's not the quantity of life that matters it's the quality of life the truly matters and if the quality of life is basically what amounts to an agonizing, miserable, existence which equates to living a few months longer in a state of misery verses dying at home at peace a few months earlier surrounded by the love of our family, I ask you, which would you choose?

THE TRUE VINE

I am the Vine you are the branches he who abides in Me and I in him bears much fruit for without Me you can do nothing.

John 15:5

When we abide in the Lord and let His words abide in us we actually are one with Him and He works within us then when we ask in prayer for whatever we will it is not only we who are praying He too is praying in are praying. This kind of prayer is related to fruit bearing and will surely be answered in fruit bearing. The Father's divine life is expressed hence He is glorified. When we abide in the Lord He speaks in instant words within us, these words are his commandments to us. If we keep those commandments it shows that we love Him, it is thus that we will abide in His love. Being branches of the divine and bearing fruit to express the divine life are matters of joy and they also issue in a joyful life.

The New Testament Recovery Version.

Proverbs 3:5-6 Is how we abide in God through Christ through faith, obedience and love.

Trust in the Lord with all your heart and lean not on your own understanding in all your ways acknowledge Him and He shall direct your paths...Amen

TRANQUIL WATERS

By Chaplain Paul 193 Feb 14 2021

The tranquil waters of infinity drip drop by drop piercing to the inner depths of my soul.

Walking within the thoughts of my own imagination I entered through the narrow gate of perfect reality only to find myself standing there in front of me.

And as I peered through the looking glass of life I realized I was in a dream. Then myself said to me,

“Look to your future through your past and you will realize that this present moment won’t last.”

I turned and began to run and suddenly a rainbow appeared and lifted me high in the sky and when it let me down on the other side of reason without even a rhyme I found myself once again sitting beside tranquil waters but this time I was with the Lord Christ Yeshua...Amen John 3:16

The Train Ride Home

By Chaplain Paul 193 Dec 19 2020

The day started out like any other day you know I got up, got dressed and started my day. I had to go to the store and run a few errands and so that's what I did. About 3:00 PM as I was driving down the street a car ran a red light and the next thing I knew I was sitting on a train, I could tell I was somewhere back east because of all the trees, at least that's the way it looked. the train didn't have too many passengers on it and for some reason I was at peace, I mean I didn't know how I got on the train but for some reason I was very calm and at peace. I sat and looked out the window at the beautiful scenery, there were beautiful hillsides, lush green pastures, we passed by farmland by a beautiful lake and as we continued to roll down the tracks a very kind conductor came walking over to me and asked for a ticket, well I told him I don't have a ticket and he smiled and said, "Oh yes you do Paulie, look in your shirt pocket."

I looked in my shirt pocket and sure enough there was a ticket with the numbers 316. I handed the conductor my ticket and he stamped it gave it back to me and said,

"Welcome aboard, I hope you enjoy the ride, God bless you Paul."

It was really strange, I felt I knew this man, but that's impossible, still there was something about him I knew, just then a kind woman turned around in her seat smiled and said,

"God bless you Paul, I know you're really going to enjoy this."

I thanked the woman and I felt I somehow knew her too, but I couldn't remember where I had met her. As the train continued to roll down the tracks I began to hear soft music playing in the background.

Then a very kind man who said his name was Eddie came walking over and offered me some food and something to drink. I told him I would like a BLT with a glass of orange juice, he smiled, said he would be right back and said,

"God bless you Paulie."

Now this man reminded me of a waiter way back in the day when I was a young boy and my parents used to take me and my brother Kevin to have dinner at a place called Lazy's Restaurant in Stamford Connecticut, but that would be impossible that was over 50 years ago, maybe it's just a coincidence. When Eddie returned he served my food and said,

Paulie I know you're really going to enjoy this I hope you have a very blessed day take care it was nice seeing you."

As I looked out the window I saw a sign that said Norwalk CT, now I knew where I was. I was heading south to Stamford where I lived with my family for the first 14 years of my life. in 1976 my family moved from Stamford to Scottsdale Arizona and that is where I have been living ever since.

Just then the conductor called out, "Stamford, next stop Stamford, next stop Stamford."

Then four people turned around in their seats and said,

"This is your stop Paulie."

The train came to a rolling stop, everybody on the train stood up looked at me and began clapping as the conductor motioned with his hand for me to step off of the train. I still could not understand what was happening so I got up thanked everybody and stepped off the train and as I did I couldn't believe my eyes because there in front of me was Columbus park and surrounded around the statue of Columbus were all my family and friends and all the people that I had known in North Mountain who had passed away, they were all there clapping, smiling, cheering, and one by one they came up to me to give me a hug, everyone was there, my mom, my dad, my grandparents, my cousins, my aunts, my uncles, childhood friends, people that I had not seen in decades, Lolli was there, Dom the plumber, Lou Falachi, Joe Sposi, Lazy, teachers that I had, Charcoal Louie, and many others, It was overwhelming, O and my Uncle Pete gave me a big hug and said,

"Welcome home Paulie."

O and my Aunt Tanny yelled out, "We love you honey."

A Big Red Barn Full of Blessings

By Paulie March 14 2021

The Lord told me to build a big red barn, I really didn't know why, I mean I wasn't the farmer kind of guy. I decided I had better do it because I did not want the Creator of the universe to be mad at me, so I began building and within a few weeks my big red barn was finally finished.

I thought I had better get some chickens and a couple of cows to put in the barn along with a few bales of hay but God said, "NO WAY!!!"

So I sat under a tree and thought about it for a long time why would God have me build a barn and not fill it? I mean what am I supposed to put in this barn? I asked the Lord but I didn't get a response, every day I would ask the Lord in prayer what He wanted me to do with this barn and then seven days later our Lord said,

"Fill this big red barn with the blessings I shall give you young man."

Fill the barn with my blessings what is that supposed to mean? What kind of blessings? Am I to fill this barn with the things that come my way? I didn't understand so I asked the Lord in prayer,

"What blessings am I supposed to put in this barn Lord?"

Then the Lord said, "the blessings that I give to you are not material but spiritual, you are to store them away in this barn for a very special day, you won't be able to see them, you won't be able to touch them, you will be able to feel them and know deep in your heart that I have blessed you with each of them. Each day you will receive a very special blessing that you are to place in this barn to save for a glorious day."

The very next day as I was praying the Lord said,

"Receive My blessing of peace, now go and spiritually store it in the big red barn"

John 14:27 Peace I leave with you, My peace I give to you, not as the world gives do I give to you, let not your heart be troubled neither let it be afraid.

The very next day I heard the Lord say,

“Receive My blessing of joy now go and spiritually store it in the Big Red Barn.”

Nehemiah 8:10 NIV "Do not grieve for the joy of the Lord is your strength."

And with each passing day the Lord provided His blessings and I spiritually stored them all away in the Big Red Barn, soon all of the fruits of the Spirit had filled the Big Red Barn all except one. (The fruits of the Spirit Galatians 5:22-26)

Then the Lord said to me, “Here are the best blessings of all and He gave me His blessings of the Word of God, Forgiveness, Salvation, Compassion and Love”

John 3:16 For God so loved the world that He gave His only begotten Son that whoever believes in Him should not perish but have everlasting life.

Then the Lord said, “Now that the Big Red Barn is filled with My blessings go out and invite as many people as you can to come and attend Church in the Big Red Barn. For I am calling you to be the Pastor of The Big Red Barn Church of Christ and you will go on from this day forth to help lead many lost souls to Christ The Lord for the glory of God...Amen

The painting on the cover of this was painted by my Mother in 1973

Thank You Lord for the gift of my parents and thank You Lord for all the blessings that you provide to me and my family Love Paul. John 14:27