

40 Poems, Stories and Writings by Chaplain Paul Vescio  
For The Glory of God



# Sunrise Over Quiet Waters

By Chaplain Paul 193 Nov 8 2020

The looking glass reveals a distant memory which lies deep within my soul, a beautiful sunrise that lies just beyond the mist of the falls.

I'm taken back to a more simpler time when nature and mankind we're best friends, a time of peace and tranquility, a time of brotherly love and compassion, a time when a walk by the still waters amidst a desert landscape gave way to a gentle heart.

And as I find myself walking through the painted sands of time I pause and look at a sunrise over quiet waters as the spirit of God quiets my soul and gives me rest I am at peace knowing that God is all around me.

The quiet waters that flow peacefully towards Land's end remind each of us that life is too short to get caught up in worldly affairs, God in his infinite wisdom and love reminds us all that through nature that He is there.

As the quiet waters flow peacefully downstream to touch the golden rays of a beautiful sunrise I watch as birds fly by, as fish pop their heads out of the waters and as wildlife abounds all around me.

And as I look with wide wonder in appreciation for the beautiful painting that God has so beautifully created on the canvas of life, I dropped to my knees and give God all the Glory and all the Praise and all the Thanks for His gift of

The Sunrise Over Quiet Waters.

John 14:27 Peace I leave with you, My peace I give to you, not as the world gives do I give to you, let not your heart be troubled neither let it be afraid...Amen

# A Mother's Love

By Chaplain Paul Vescio Oct 17 2020

Mom has always been there for me from day one, her constant gifts of love have helped me every step of the way in my life. Mom was the one with the wisdom which held the solution to every problem I faced throughout my life.

From my first steps then into kindergarten then into grades one through 12, Mom was always there. She was there when Dad taught me how to ride a bike with no training wheels. Mom was there at all of my parent teacher conferences and it was Mom who always helped me with my homework.

My Mother sat in my very first car when I first took it out for a drive, as we were driving I let the top down and boy did Mom come alive. Mom was there when I got married and soon after there she was in the hospital with us the day my first daughter was born.

Mom was always there every step of the way and on my birthday she always had one very special gift to give me, you know just from her. As I got older and reached into my 50's my health took a sudden turn for the worse and I soon lost the function of my kidneys. Mom was there helping me with her love and her encouraging words.

Then a few years later Mom got very sick and I soon realized that she was going home soon to be with my Dad in Heaven who passed on a few years back. As the days slowly crept by Mom's time on this earth ran very short.

One day as I was visiting her at Hospice Mom handed me a card and made me promise not to open it until after she passed on. She said it was a very special gift of her love. I promised not open the card.

Two weeks later while I was at dialysis, I received a call that Mom had died. After my treatment I went home and cried. I looked over and sitting on the desk was Mom's card. I thought it was an early birthday present or something. I opened the card and it read as follows,

My dearest Son you have always been the light of my life I love you with all my heart enclosed is my special gift to you all the arrangements have already been made think of this gift to you as being a way we will always be together. Please don't be sad I am in Heaven with Dad, we will all be together again one day so for now be strong and always remember I love you.... Love always Mom.

I looked at the document that was in the card and it was a consent form for a kidney transplant from my Mother to me and as I sat there stunned and crying the phone rang it was the hospital calling to inform me that they have a donor for a kidney transplant and to come to the hospital as soon as possible.

Thank You Mom I Love You.

# A Real Cold Cup of Reality

By Chaplain America 193 Nov 7 2020

The Bible teaches us that pride comes before a fall what this means is when we are prideful lacking in humility proclaiming that all of our accomplishments are because of our own efforts and we fail to give all the glory to God there is a real price to pay The Bible warns over and over again the pride comes with very serious consequences here are just 10 of the many scripture verses in the Bible that warn us against being prideful.

Proverbs 16:18-20 Pride goes before destruction and a haughty spirit before a fall. Better to be of a humble spirit with the lowly than to divide the spoil with the proud. He who heeds the word wisely will find good and whoever trusts in the Lord happy is he. (Haughty means snobbish, proud, arrogant)

Proverbs 16:5 Everyone proud in heart is an abomination to the Lord, though they joined forces none will go unpunished.

Proverbs 22:4 By humility and the fear of the Lord our riches and honor and life.

Proverbs 13:10 By pride comes nothing but strife but with the well advised is wisdom.

*James 4:6 But he gives more grace. Therefore, it says, "God opposes the proud but gives grace to the humble.*

*Jeremiah 9:23-24 Thus says the Lord: "Let not the wise man boast in his wisdom, let not the mighty man boast in his might, let not the rich man boast in his riches, but let him who boasts boast in this, that he understands and knows Me, that I am the Lord who practices steadfast love, justice, and righteousness in the earth. For in these things I delight, declares the Lord."*

*1 John 2:16 For all that is in the world—the desires of the flesh and the desires of the eyes and pride of life—is not from the Father but is from the world.*

*Proverbs 18:10-12 The name of the LORD is a strong tower;  
the righteous man runs into it and is safe.*

*A rich man's wealth is his strong city,  
and like a high wall in his imagination.  
Before destruction a man's heart is haughty,  
but humility comes before honor.*

*Mark 7:20-23 And he said, "What comes out of a person is what defiles him. For from within, out of the heart of man, come evil thoughts, sexual immorality, theft, murder, adultery, coveting, wickedness, deceit, sensuality, envy, slander, pride, foolishness. All these evil things come from within, and they defile a person."*

*Proverbs 15:25-33 The LORD tears down the house of the proud  
but maintains the widow's boundaries.*

*The thoughts of the wicked are an abomination to the LORD  
but gracious words are pure.*

*Whoever is greedy for unjust gain troubles his own household,  
but he who hates bribes will live.*

*The heart of the righteous ponders how to answer,  
but the mouth of the wicked pours out evil things.*

*The LORD is far from the wicked,  
but he hears the prayer of the righteous.*

*The light of the eyes rejoices the heart, and good news refreshes the bones.*

*The ear that listens to life-giving reproof will dwell among the wise.*

*Whoever ignores instruction despises himself,  
but he who listens to reproof gains intelligence.*

*The fear of the LORD is instruction in wisdom, and humility comes before  
honor.*

<https://www.crossway.org/articles/10-key-bible-verses-on-pride/>

# A SAVED PERSON FOR THE GLORY OF GOD

By Chaplain Paul 193 oct 18 2020

A saved person will have a hunger to know God and to know The Word of God. They will rather choose studying the Word of God over going to the bar, partying or watching TV or looking at porn. A saved person will make time for God. A saved person will spend time in prayer throughout the day not just at bedtime. A saved person will seek to serve Christ by reaching out in helping others by placing Service Above Self for the Glory of God. A saved person wants to be obedient, a saved person Loves the Lord and loves others as the Lord loves us. A saved person is not afraid or ashamed to go up to someone and offer prayer or in sharing the Word of God. A saved person feels convicted by the Holy Spirit when we sin or misbehave. A saved person is guided and comforted by the Holy Spirit... A saved person believes in the living God of Abraham Isaac and Jacob. A saved person believes in Christ Yeshua's sacrificial work on the cross.... John 3:16 At the end of the day a saved person has the Holy Spirit in them for the Glory of God Amen John 14:27

Revelation 3:20-21 Behold I stand at the door knock if anyone hears My voice and opens the door I will come in to him and dine with him and he with Me. To him who overcomes I will grant to sit with Me on My throne as I also overcame and sat down with My Father on his throne.

# Adoption is The Only Option

By Chaplain Paul 193 Nov. 1 2020

Have you ever gone to an animal shelter and walked by the cages, how did it make you feel to realize that those poor cats and dogs were abandoned and unwanted? It most likely made you feel very sad. I know that's the way I felt. I wanted to adopt at least one dog and take him home with me to be cared for and loved.

It takes a very special person or couple to adopt an animal or a baby or child. It's because we have compassion for them and we want the best for them, that's what love is all about. Animals, babies, and children are not the only ones who are being abandoned. Each day in our nation millions of people who are suffering dearly in American healthcare have been abandoned and are now suffering all alone. What is the solution for this national heartbreak? The solution is found in adoption, by contacting the Activities Director at any nursing home, care center, medical rehab or hospital and offering to be a blessing to someone who is suffering and all alone.

Visiting someone who is confined to one of these places is a true blessing not only are we being a blessing to them but they become a blessing to us and as we minister to them they're actually ministering to us, as they receive healing compassion and love we receive healing, compassion and love in return.

The Bible teaches that deep calls on to deep, what that means is that the human condition is such that we can feel each other's love even when we are, coma, semi coma or unconscious. The power of love penetrates into our spiritual being, it is the medicine we need in order to thrive and survive. John 14:27



# Against All Odds

By Chaplain America 193 Oct 20 2020

Have you ever been faced with something in life where you found your situation against all odds? I know three Pastors who were patients at the care center where I serve and all three overcame incredible odds for the glory of God. All three of these men died at one point in their lives and when God revived them they were all told that they were not going to make it. All three were told things about their medical conditions that experts in American healthcare had told them and they were all proven to be wrong for the glory of God.

Pastor Charles was shot back in the day and died he saw his sister on the other side who told him that it wasn't his time and that he would have to go back. Pastor Charles eventually became a mighty man of God and then he got very sick at one point the doctors told his wife that he wasn't going to make it and that's when the power of God began moving in Pastor Charles life and he pulled through. Only 1 percent of patients who have had the same health problems that Pastor Charles had survive.

Then there is Pastor Shon who died for over 30 min. and lived to tell about it. Pastor Shon has been through many trials in his life including having to spend time in prison just like Pastor Charles and myself. Pastor Shon's health problems that he has had to deal with over the last few years is absolutely heartbreaking in fact that goes to say for all three of these mighty men of God. Pastor Shon beat all the odds time and time again so much so that to say God is not involved with this man's life is to have the wisdom of a fool.

Pastor Thomas died and went to Heaven he has an amazing story. Thomas died for over a half hour and went to Heaven and sat with Christ. Christ Yeshua told Thomas that it wasn't his time and that he would have to return to back to earth. The Lord told Pastor Thomas that he would one day be the Spiritual Patriarch of his family and that he would restore his family's relationships and that he would one day restore the relationships with his friends. This was the works that Christ told Thomas that he would do and everything that the Lord told Thomas eventually came true for the glory of God

Pastor Thomas beat all the odds, time and time again the doctors and staff members were proven wrong.

Time and time again Pastor Thomas, Pastor Charles and Pastor Shon proved everyone wrong for the glory of God.

These three mighty men of God are my friends and their testimonies combined prove without a shadow of a doubt that God does exist, and He is actively working in all of our lives every day.

The Bible says in Hebrews 11:1 Now faith is the substance of things hoped for the evidence of things not seen.

We do not see ABBA Father The Holy Spirit or Christ Yeshua in the flesh but we see the evidence of their handiwork all around us each day. The fingerprint of God is on everything from the single cell to the universe itself. From a tiny mustard seed to the sun, from a flower to the moon, from a tree to a blue whale, From an ant to a dinosaur, from a single drop of water to the ocean in the sea. From divine light to starlight. From the five senses to the beauty of a sunset. from a single snowflake to the tallest glacier. From a fingerprint do a comet, from a grain of sand to the planets in the Galaxy. From Adam the first man to Christ Yeshua the Son of God to you and me and beyond.

If God is for us who can be against us, for His word says in Isaiah 41:10 Fear not for I am with you be not dismayed for I am your God I will strengthen you YES I will help you I will uphold you with my righteous right hand...Amen

John 3:16 John 14:27

# Brianna Ladybug

By Chaplain Paul 193 Oct 27 2020

Brianna Ladybug lives in a very special garden where all the broken flowers dwell. She is very thoughtful in bringing each flower the one thing they so desperately need so they can grow and thrive and survive. Now each of these very special flowers receive plenty of water from the clouds in the sky and they receive food in the soil and sun light too but Brianna Ladybug brings a very special gift from the heart because most of these flowers are slowly drifting apart.

Each day Brianna Ladybug flies off in the air to go and visit all the broken flowers because she really does care. Then upon arrival at the garden she so loves she begins visiting each of the broken flowers in showing each of them her love.

Brianna Ladybug gives each special flower her gift of attention, compassion, kindness, and love, as Abba Father looks down and smiles from the sky above. These very special flowers greatly appreciate Brianna Ladybug because she gives from the heart, and that helps to get them through the day in a more positive way. I truly hope all the broken flowers will be comforted and healed one day, O Lord we look to Your healing power, compassion, and love, as we place our faith, hope and trust in You we so solemnly pray...Amen John 14:27

## BE CAREFUL NOT TO FOLLOW THE LEADER STRAIGHT OFF A CLIFF

By Chaplain American 193 Oct 26 2020

After contacting a number of my elected officials in bringing to their attention the fact that there were major civil rights violations in American health care I realized that most of the people I talked to are way younger than I am. I realized that they have no idea what our civil rights are or what our civil liberties are or how to defend them or how to exercise them.

The sad fact is most of them and sadly most of us have been conditioned to follow the leader without question, we believe what these people are telling us and this is exactly what the Founding Fathers warned about. If we as a nation place too much faith and trust in government then we run the real risk of being taken advantage of. Remember absolute power corrupts absolutely and right now the federal government has absolutely all the power.

The power of the people is based on the willingness of the people to be informed about what our civil rights are and what our civil liberties are and how to defend them and how to effectively exercise them and how to teach them to others. If we lose sight of this we will continue to be taken advantage of in all areas of society.

We as a nation have got to relearn what our rights and what our freedoms are and reach deep within ourselves to find the courage in standing up and fighting for what's right and for what's just in this country or we will one day find ourselves being totally enslaved because of our own ignorance and total lack of willingness in not standing up and fighting back for what's right.

AMERICA STAND UP FOR JUSTICE, AMERICA STAND UP FOR TRUTH  
AMERICA STAND UP FOR RIGHTEOUSNESS!!!!!!!!!!!! AMEN

## ERASED

By Chaplain Pau.....

Do you realize that with each passing day our rights and our freedoms are slowly being erased away? Come to think about it we too are slowly being erased. I mean our way of life is fading away right before our very eyes. All of the things we grew up with are now just a faded memory. Everything from TV and movie stars to rock stars to fads and politicians of a time gone bye are now just a faded memory, I mean this generation does not even know who Elvis or who Frank Sinatra was, they do not know Bugs Bunny or the Road Runner or Andy Griffith or I love Lucy, they don't know Ed Sullivan or who James Dean was, Marilyn Monroe who? Joe DiMaggio, Yogi Berra and Willy Mays who? They don't know John Elway or Joe Namath or who Jonny Carson was and the list goes on and on.

For what profit is it to a man if he gains the whole world and yet loses his soul or what would a man give in exchange for his soul? Matthew 16:26

Whether we like to admit it or not we are all slowly fading away the real question is where will each of us be some day? I mean long after our last breath here on planet earth and long after we are all gone and buried in the dirt I ask you, where will each of us be?

No matter how hard we try we are all fading away and we will all be gone from planet earth one day. Try as we might one day the memory of us all will be completely gone. Where will we all be one day?

I honestly hope to see you in Heaven praising our Lord standing right by my side. If life is nothing more than a fading dream going merrily down a slow moving stream then as we each take our turn going over the falls and emerge from the fine cool mist on the other side of eternity we will find ourselves standing in the presence of God as His Son Christ Yeshua is standing there smiling at you and me saying,

“Welcome home My good and faithful servant I love you.”

John 3:16 For God so loved the world that He gave His only begotten Son that whoever believes in Him should not perish but have everlasting life.

Revelation 3:20-21 Behold I stand at the door knock if anyone hears My voice and opens the door I will come in to him and dine with him and he with Me. To him who overcomes I will grant to sit with Me on My throne as I also overcame and sat down with My Father on His throne...Amen

# Fade Away Fade Away Island

By Chaplain America 193 Nov 2 2020

Fade Away Fade Away Island is waiting for you and me. Fade Away Fade Away Island is a very sad and lonely place to be.

You see Fade Away Fade Away Island is where all the sick and old people are finally sent, it's a place lacking in compassion, kindness, and love, it's a place where the powers of darkness rule with an iron glove.

Fade Away Fade Away Island receives thousands of new arrivals each day, it's a place I hope will change for the better one day. On Fade Away Fade Away Island people are all shuffled about like cattle and sheep, it is definitely a place where we can't get very much sleep. For each person who passes away three more are sure to arrive, Fade Away Fade Away Island is a place banking on keeping us barely alive.

The sad fact is without the comforts of compassion, kindness and love people just exist for profit and greed, Fade Away Fade Away Island is a very sad and lonely place to be for you and for me.

As a Community Chaplain I go and visit the people who are there, the ones I take the time to visit know I really do care. I share the love of Christ Yeshua with them as we sit for a while, then with a listening ear, and a compassionate heart I listen to their heartbreaking stories that will break your heart.

You see the conditions on Fade Away Fade Away Island are very sad, very sad indeed and when I go visit these poor, suffering people my broken heart bleeds. The sad fact is, the needs are many but the compassionate visitors are very few, "O Lord we pray that the doors for more compassionate visitors be reopened someday."

What can I say, I hope you will consider going to Fade Away Fade Away Island to be a true blessing to someone who is all alone and suffering one day, God Bless You and Take Care from Chaplain Paul 193...Amen

John 14:27 Peace I leave with you, My peace I give to you, not as the world gives do I give to you, let not your heart be troubled neither let it be afraid...

# Fallen Leaves

By Chaplain Paul 193 Nov 7 2020

A seed takes to the air as it's held in the palm of God's hand and as it's carried by the wind it is carried over lush green hillsides and over blue green ponds. Then it's gently placed in its final resting place in a field of colorful wildflowers by a clear blue stream of rushing water. In the stillness of time a gentle rain begins to fall and soon it grapples with the fertility of the soil and the seed becomes planted in the ground and soon begins to grow.

As the weeks turn into months and as the months turn into years the seed becomes a mighty tree for all to see. The tree has thousands of green leaves and each season brings about a whole new population of leaves.

The leaves grow all together just like you and me, we too live in a world where the people around us are all growing and aging. Think of it as if we are each like a single leaf on the Tree of Life as we are all growing and living together basking in the Son's warmth and love.

As the year slowly passes by with each new season, we too seem to go through life filled with seasons. Our life begins with the season of birth and in measure of time we are crawling all around then in a blink of an eye we are running through grade school then high school and college then a season of new beginnings as we spread our wings and seem to take to flight in taking on the world.

Soon it's a season of marriage and having children of our very own. We are constantly learning and growing as we flow down life's stream. We are now entering into a season of parenting and this season seems to fly by in a blink of an eye and soon our children are all grown and starting lives of their very own.

Then a season of grandparenting is suddenly upon us, times are good and our little family is growing new leaves on our Family Tree of Life. As time marches on we now enter into a season of Fall as we enter into the Autumn of our lives and like fine wine we are filled with Godly wisdom and Christ's love. Life is sweet and yet very challenging but through it all our faith in Christ Yeshua helps in keeping our family close and strong.



Then one faithful day a leaf from our Family Tree slips gently away and suddenly I am alone as I find myself in the season of life I dread most. I know that soon I too will slip gently away during an Autumn breeze. My time is growing short so I try to make the best of the time I still have by reaching out in helping others.

Time goes by ever so slowly in this season of my life but through my faith, hope and trust in Christ our Lord I know it's gonna be all right. Then one faithful day in the month of January I slipped slowly away. The next thing I knew I woke up in Heaven with all my family members and friends love by my side as Christ Yeshua was there sitting next to me holding my hand, and as I turned and looked into our Lord's eyes I realized that eternity in Heaven is the best season of life, it is the season of everlasting life with Christ Yeshua our Lord...Amen

We are all in this thing called life together, let's seek to help one another with compassion, kindness, forgiveness and love through sharing the love of Christ with all those around us each day.

John 14:27 Peace I leave with you, My peace I give to you, not as the world gives do I give to you, let not your heart be troubled neither let it be afraid...Amen

# HOPE IN A BOTTLE

By Chaplain Paul 193 Nov 4 2020

I wish there was a way to bring all the patients at North Mountain Hope in a Bottle. If only there was a way in brightening up each of their day, I would give each of them Hope in a Bottle. How and where could I possibly begin? I mean where does one find Hope? I ask you where should I begin?

Hey I know I'll look under the rug, no that wont work, how about I search for Hope in my shed or maybe I could find a little Hope under my bed. I honestly do not know where to go to find a little Hope.

Maybe, just maybe Hope isn't something that's found just lying on the ground. Maybe Hope is actually found within. First we have to find out where does Hope come from any way? Come to think of it Hope comes through Faith for without Faith there can be no Hope.

So now that we know where Hope comes from the next question is where can we find a little Faith? Now Faith comes by hearing and hearing comes by the Word of God. So there it is right there. Faith comes by hearing the Word of God. So if we read our Bible daily are Faith will grow and if our Faith grows then we will find Hope. Our Hope comes through our Faith and our Faith comes through Christ Yeshua our Lord.

The Bible teaches us that if we have the Faith the size of a mustard seed we can move mountains. Our Faith produces Hope and it's through Hope we make it through the day. Our Faith in Christ Yeshua gives each of us lasting hope for the Word of God says that God gives us a Peace and a Love which surpasses all understanding.

To find Hope place your Faith, and Trust in Christ Our Lord and through His Holy Word with the guidance of the Holy Spirit He will Help guide you through the Bible to find Hope in a Bottle...Amen

John 14:27 Peace I leave with you, My peace I give to you, not as the world gives do I give to you, let not your heart be troubled neither let it be afraid.

# HOPE

By Chaplain Paul 193 Oct 26 2020

Hope, where do we find our hope? If we look for hope where do we begin our search? Is hope something we can buy? Is hope something we can give? Is hope something that we can see or even touch?

If I were to show you where you could find real hope would you listen or even care? I would like to share with you today the gift of hope from me to you. Hope is a true gift that is not found in a bottle or wrapped in a nice box with a great big red bow and hope isn't found by digging for it in the ground.

You see hope is a gift that can only be found through faith and the greatest hope of all comes through the One Who gave of Himself on a cross so we might be saved. Our hope comes through our Lord's shed blood of His sacrificial work on the cross. For He and He alone gives each of us the hope of eternal life with Him in a place called Heaven.

Or Lord's gift of Hope can be found all throughout His Holy Word, for within the printed pages of the Bible there is a seemingly endless supply of hope. Hope comes through our faith and trust in Christ Yeshua, for faith comes by hearing and hearing comes by the word of God.

Abba Father gave His gift of Hope to the world in the form of His only begotten Son and if we focus on His teachings and on His undying love we will be filled with peace, love, joy, and hope.

For His word says that we will be filled with a peace and a love that surpasses all understanding. John 3:16 For God so loved the world that He gave His only begotten Son that whoever believes in Him should not perish but have everlasting life.

John 14:27 Peace I leave with you My peace I give to you, not as the world gives do I give to you, let not your heart be troubled neither let it be afraid... Amen

Isaiah 41:10 Fear not for I am with you be not dismayed for I am your God I will strengthen you yes I will help you I will uphold you with my righteous right hand.

# I'm Tired and I Just Want to Go Home

By Chaplain Paul 193 Oct 27 2020

I'm so very tired, I'm scared and all alone, honestly at this point I just want to go home. About a year ago I was out tending my garden when suddenly I had a total loss of breath, I was rushed to the hospital and went into full respiratory failure. I was sent up to ICU and placed on a ventilator. The hospital staff drugged me unconscious because of the trauma of having a vent shoved down my throat. As I lay there with drops of blood trickling out of my mouth they thought it best that my hands be tied to the sides of the bed so I wouldn't try to involuntarily pull the tube out of my mouth .

So there I was with no less than a dozen IVs and tubes attached to my body, this went on for it seemed weeks, eventually I regained consciousness, I stayed on the ventilator for months eventually I was weaned off and now I'm on a breathing machine, my days are spent in a room all alone my roommate is semi coma and is unable to speak and because of coronavirus policies all the patients are mostly on 24 hour lockdown we can't go out we can't go to the dining room we can't do anything.

My family is not allowed to visit I am able to FaceTime them once a week. O sure we talk on the phone but living in here is a living hell I would rather be home surrounded by the love of my family with my dog by my side than to be in here day after day night after night in the pits of despair.

I have faith in the Lord I know He is always by my side and yes He helps me to get through the day but there's nothing quite like someone who loves you holding your hand and sitting by your side listening to your

concerns with a thoughtful compassionate loving heart. O Lord, I'm so very tired and all alone I just want to go home, this is no place for anyone to be, O Lord I'm tired of being alone.

Dedicated to all the patients where I serve as a Community Chaplain in an Acute Respiratory Care Center and Rehab please keep them in your prayers Thank You.

John 14:27 Peace I leave with you, My peace I give to you, not as the world gives do I give to you, let not your heart be troubled neither let it be afraid...Amen

**LIFE IS LIFE FOR A REASON** By Chaplain Paul 193 Oct 16 2020

If abortion is not murder and is not the end of a life, then how is it that during an abortion the baby dies and its life ends?

# What We Do in Life Matters

By Chaplain Paul Vescio 10-31-2020

Martin Luther King

“Our lives begin to end the day we become silent about things that matter.”

America will never be great again until the American people rise up and fight for what's right. If America is going to turn a blind eye to the horrors that are now happening in American healthcare across our nation and continue to choose to do absolutely nothing in standing up in defending our rights and freedoms especially where American health care is concerned then we are no longer a great nation we are now a disgrace under the sight of God and the rest of the world. In other countries around the world millions of people who are living under the rule of communism and the oppression of totalitarian governments and regimes like we see in the middle east are risking it all for freedom. These true freedom fighters are putting their lives on the line fighting for a chance to have the same rights and freedoms we in this country so easily hand over and we give way our rights and our freedoms voluntarily because of a pandemic. We give them away out of fear in exchange for safety without a single shot being fired...America the home of the free and the land of the brave has become a very sad disappointment to the millions of Americans before us who gave it all just so we could be free...Amen

# LOCKED OUT LOCKED DOWN LOCKED IN

By Chaplain America 193 Oct 19 2020

Have you ever been locked out of somewhere? It's not a very good feeling is it?

Have you ever been locked down somewhere like at work or at school or in a nursing home or in a prison? Kinda frustrating and if things are really bad it could be very scary and even horrifying.

Have you ever been locked in? Like locked in a room or locked in jail or locked in a place you could not get out of? Not a very good feeling is it. The sad fact is I have experienced all of these locks some time in my life at one point or another.

I was placed on lock down in prison many times, once when an inmate died in my pod and then there was the time that the prison was about to have a riot and being in prison we are placed on lock down every day before count. Its a feeling of being trapped like a caged animal.

Then there is being locked in, like being locked in my room when I was a kid and got into trouble or being locked in a jail cell which by the way is no fun at all. Being locked in some place is a feeling of being trapped. Like being trapped in an elevator. I don't know about you but finding ourselves being locked in some where all we can do is pray that someone will come and unlock the door and let us out very soon.

And now we have being locked out, I think we all have been locked out of some where at some point like being locked out of our house or car or place of work, there are many places where we find ourselves locked out of and here is my point with all of this the patients in the care center where I serve as a Volunteer Community Chaplain and in nursing homes, hospitals and medical rehabs across our nation are experiencing all of these locks every day. You see they too are placed on 24 hour lock down, they too are locked in their rooms, they too are having to deal with the fact that I and Pastor Ken and other members of Clergy have been locked out of these facilities for months. I know what it feels like to have people that I love and care about asking to see us and we are locked out and not allowed to go in.

When one person's civil rights and civil liberties are violated it effects all of us, O you may not need the same rights today but one day you are going to need them and if we as a nation continue to turn a blind eye to the horrors and the greed and the injustices that are happening in American health care then one day we all run the real risk of being LOCKED OUT, LOCKED DOWN And LOCKED IN some where in American healthcare and believe me its no way to live and its no way to have to face end of life issues in America...

God Bless You Respectively Chaplain Paul 193

John 14:27



## “Lord Please Help Me”

By Chaplain America 193 Oct 25 2020

O Lord please help me. Lord we are all on lockdown because of Covid 19, O Lord we are all separated and all alone, O Lord please I just want to see my family and go home.

I'm stuck in this bed with no compassion or love, O Lord I need You to please send a kind soul my way, you see I can't go on living isolated like this each day.

O Lord the patients in this nursing home are being treated worse than zoo animals and prison inmates, to American healthcare we are just numbers being kept alive for profit and greed, sadly what the healthcare industry fails to understand is that what we truly need for a healthy mind, body and soul is the natural healing medicine of love and compassion, and encouragement and healthy food throughout our day. O Lord I pray that the doors to American healthcare be reopened to all the family members someday.

O Lord I do not understand, I asked for my Chaplain to come and sit by my side and my requests were flatly denied. Last night my roommate died scared and all alone he was even too weak and sick to hear his loved ones on the phone.

O Lord it's very, very sad we are all wasting away because no one is allowed to come in to visit us these days. O Lord please open their blind eyes to see that compassion and love have always been the answer for healing those who are sick and suffering like my roommate and me.

All We Need is LOVE

John 14:27 Peace I leave with you My peace I give to you, not as the world gives do I give to you, let not your heart be troubled neither let it be afraid...Amen”

## MR PLASTIC

By Chaplain America 193 Oct 30 2020

Mr. Plastic is a product of the times, Mr. Plastic refuses to listen because he has his head in the sand. Mr. plastic only thinks of himself as he goes about each day. Mr. Plastic believes deep in his heart that he is always right but the sad fact is when the real God’s honest truth comes Mr. Plastic’s way he refuses to listen and just walks away. Mr. Plastic is driven by selfish want and need he could care less about his fellow man in fact Mr. Plastic is mostly driven by prideful, selfish greed.

Our Mr. Plastic could at times charm the songbirds right out of the trees, to him it’s just like taking sweet honey from a hive of honeybees. Mr. Plastic will beg, borrow and steal from his friends just for a single meal, he will charge up a credit card debt and max it out without even a care and at the same time walk right by a homeless person and give him a very mean stare. Our Mr. Plastic will drive right by a nursing home roll down the window and with the terrible shout yell out .

“Hey, I’ll never be in there!!!!!!”

Our Mr. Plastic is a real work of art his indifference and horrible selfish, attitude towards others who are suffering will break your heart. Mr. Plastic is not just part of the problem he is the problem, you see the more Mr. plastics there are in the world the more horrible our world becomes for each of us. Mr. plastic doesn't know the meaning of the words forgiveness, kindness, compassion or love, to him these things mean nothing just as long as he gets what he wants he can care less about anyone else.

Well Mr. Plastic my Bible teaches that we reap what we sow and we are to treat others as we would want to be treated and to love thy neighbor as thyself and to

be a Good Samaritan by placing Service Above Self in reaching out and helping others.

Mr. plastic one day you're going to find yourself sick and all alone wondering why no one comes your way. You see Mr. Plastic you're gonna lie there in that nursing home bed staring at the ceiling day after day after day crying out to God for relief and receiving none.

Mr. Plastic, we reap what we sow, You Sir need a complete change of heart you need to do away with this plastic way of life and invite Christ Yeshua to come into your life so that you can be the light of hope for all to see. I wish you well Mr. Plastic, I'll be praying for you, I have faith that one day you too will be set free through Christ our Lord...Amen John 3:16

Matthew 22:37-Yeshua said to them, "You shall love the Lord your God with all your heart with all your soul and with all your mind, this is the first and great commandment and the 2nd is like it, you shall love your neighbor as yourself on these two commandments hang all the law and the Prophets...Amen

# O Lord, Please, I Just Want to Go Home

By Chaplain Paul 193 Nov 6 2020

I've been in this place for over a year and with each passing day I cry a thousand more tears. My wife and my children are all locked out because of Covid19, I'm all alone as I sit by the phone. My family calls throughout the day, O Lord please let them come and visit me someday.

In the morning I watch the news about how bad this virus truly is, I know it's dangerous and very scary but being all alone is no way to live, O Lord please it's been over eight months now, something has got to give.

As our nation waits with bated breath in anticipation of the Presidential Election results that seem to just drag on through the night, O Lord there's so much darkness and pain in this world I desperately need your heavenly light.

The days grow short but are so very long, it's hard living in here it's very sad and blue, O Lord I really don't know what to do. My roommate is semi coma and can't even speak, I pray for him each day, O Lord he's so terribly weak. I pray he will wake up one day and keep me company as we tell each other about our stories of life but until then I'll pray for him and my family and my suffering wife.

To all my elected officials and to all those in charge of American healthcare, I know you're doing your best to keep us all safe and from harm, but in all reality being isolated and all alone day after day is no way to live, it's actually killing us all, it's actually a slow death that's no way to live at all.

It's time That American health care and our elected officials knew that it's not about the quantity of life it's about the quality of life that truly matters in life. The human condition needs compassion encouragement and love in order to survive, you see we need these things to have a healthy mental attitude in order to thrive.

Being separated, isolated, and heavily medicated even to the point of losing our mental state of mind is no way to live and it's no way to die. O Lord dying all alone without family and friends without my Pastor or Chaplain by my side, O Lord I'd rather be at home surrounded by my family, surrounded by their compassion and love, then just gently close my eyes and drift slowly away and enter into the love of heaven in a more peaceful way...Amen Psalms 23 The Lord is my Shepherd.

# O WELL

By Who Cares

When the Body of Christ basically looks at a situation and says,

“O WELL”

That’s when the whole world goes to hell. This is exactly what has happened in American healthcare for the most part the Body of Christ when hit with Covid19 policies looked at the situation and proclaimed,

“O WELL”

And sadly the end result as been millions of poor suffering patients and their family members were put through a living hell in the form of not being allowed visits and because the patients were not allowed visits by their loved ones the patients physical, spiritual, and mental health suffered dearly. Patients across our nation died because of the negative effects of being isolated.

Patients are having to go through a living hell having to be placed on 24 hour lockdown, patients are placed on 24 hour suicide watch. Patients are being heavily medicated with Psych Meds and anti-depressants even to the point of losing their mental state of mind. Patients are being treated worse than prison inmates and zoo animals and where is the Body of Christ during all of these horrors? O at Walmart, Costco and Target O can’t forget Kohl’s and TG Max and Sam’s Club enjoy all the crap your buying while our Brothers and Sisters in Christ are getting raped over the coals every day in this country.

My Bible says there will be hell to pay for turning a blind eye to sufferings of others. I for one am totally disgusted by the total lack of outrage and action in fighting back in addressing these very important issues.

As the Body of Christ spends all of its time and resources in trying to get back in the Church building Abba Father is warning us to get out there and stand by our Brothers and Sister’s in Christ sides in these American healthcare houses of greed, profit and absolute horrors and He is not messing around.

Ezekiel 34:1-10 The word of Adonai came to me, "Human being prophesy against the shepherds of Israel, prophesy tell them the shepherds that Adonai Elohim says this, "Woe to the shepherds of Israel who feed themselves shouldn't the shepherds feed the sheep you eat the choice meat you clothe yourselves with the wool and you slaughter the best of the herd but you don't feed the sheep you don't strengthen the weak, heal the sick, bandage the broken, bring back the outcast or seek the loss. On the contrary you traumatized them with crushing force so they were scattered without a shepherd and became food for every wild animal they were scattered my sheep wandered around aimlessly on every mountain and Hill yes my sheep were scattered all over the land with no one to search for them or look after them therefore shepherds hear the word of Adonai, as I live Adonai Elohim swears because my sheep have been prey my sheep have become food for every wild animal since there was no shepherd since My shepherds didn't look for my sheep instead my shepherds fed themselves but not my sheep, therefore shepherds hear the word of Adonai Elohim says, I am against the shepherds I demand that they hand my sheep back to Me I will not allow them to feed the sheep and they won't feed themselves either I will rescue my sheep from their mouths they will be food for them no longer for here is what Adonai Elohim says,

"I am taking over I will search for My sheep and look after them Myself just as a shepherd looks after his flock when he finds himself among his scattered sheep so I will look after My sheep I will rescue them from all the places where they were scattered when it was cloudy and dark. I will bring them back from those peoples and gather them from those countries and return them to their own land then I will let them feed on the mountains of Israel by the streams and in the livable places of the land. I will have them feed in good pastures their grazing ground will be on the high mountains of Israel they will rest in good grazing grounds and feed in rich pastures on Israel's mountains, yes I will pass through My sheep and I will let them rest says Adonai Elohim I will seek the lost, bring back the outcast, bandage the broken and strengthen the sick but the fat and the strong I will destroy I will feed them with judgment

YOU HAVE BEEN WARNED!!!!!!!!!!!!!! Have a nice day from Chaplain Paul 193

Nov 1 2020

## Just Over The Falls

By Chaplain America 193 Oct 26 2020

Imagine you're with your friends tubing down a calm river. All of your friends are faced towards you as you float peacefully by, you're looking downstream and they're all looking upstream. As you go down the river all is peaceful and calm the waters are smooth as glass as you go around the bend there's a canyon that stretches up to the sky you can see birds flying and you can hear them chirping, all seems very peaceful and serene. You continue to go down stream enjoying the ride then as you go a little further you look in horror as you realize there's a giant waterfall up ahead. You begin to try to warn your friends to turn around so they can see the danger that lies just ahead but to your surprise no one believes you no matter how hard you try to warn them of the danger they refused to listen, they just do not believe you.

If your friends do not turn around and recognize the danger just ahead, they run the real risk of going over the falls and drowning. Despite all of your efforts they still refuse to believe it. You see this is exactly what happens when we try to warn people about the possibility of going over the falls and straight into hell despite all of our warnings we are still ignored and despite all of the evidence of our testimonies about what God has done in our lives they still refuse to believe it, they ignore the danger of going to hell or the glory of going to Heaven through a relationship with Christ our Lord.

The only way that most people will come to realize that there is a living God who is orchestrating all things in all circumstance is to continue being the light of Christ Yeshua in that person's life and continue to pray that God will reveal Himself to that person in a supernatural way to remove all doubt.

John 3:16 For God so loved the world that He gave His only begotten Son that whoever believes in Him should not perish but have everlasting life Amen.

Eternity lies over the falls Just beyond the mist.

## The Pain and Suffering of being all alone and left behind in

American Healthcare by Chaplain Paul 193 Oct 28 2020

I want you to imagine what it's like in most nursing homes, care centers and medical rehabs right now in our nation. Patients are all alone without having their loved ones by their side. I can think of nothing more awful than to be sick and suffering and have to face that reality all alone.

The fact is the powers that be feel they know what our loved ones need more than we do, they feel that being kept alive even if that means living in the hopelessness and misery of isolation is what's important. What they fail to realize is being kept alive like a zoo animal or prison inmate is not living it is existing day to day without the love and the compassion that the human condition needs in maintaining a healthy state of mind, body, and soul.

Why is it so important in having at least one family member healthcare advocate by our side? First of all we provide the love and the comfort and the encouragement in order to have a more speedier recovery and to have a fighting chance to live and to have peace of mind. We make sure our family members are protected in holding staff, nurses and doctors accountable in making sure they are doing their job and doing it correctly. We prevent medical mistakes from happening, we catch symptoms early on and alert staff. We make sure that our loved ones medical wishes are being honored and that they are receiving proper medical care and that they are receiving the love and the comforts from home.



Preventable medical mistakes account for over 400,000 deaths per year in American hospitals alone that translates to over 1100 patients dying each day in the United States because of preventable medical mistakes. This is unacceptable COVID-19 deaths in the last 10 months have taken approximately 250000 lives and yet the silence and the inaction from the public and from our elected officials concerning these very important health care issues where preventable medical mistakes are concerned is shameful and disgraceful. placing patients in isolation create physical and mental stress that becomes life threatening, isolating patients without visits only ensures that medical mistakes will be made and that neglect, abuse and mistreatment will go unchecked.

We are our loved one's bodyguards in American healthcare and if we leave them all alone to fend for themselves they will be led like sheep to the slaughter for profit and greed.

It's time to wake up and realize that major civil rights violations occurred and are still occurring in American healthcare, it's time for action, it's time to get on the phone call your elected officials and demand that our loved ones be allowed visits by at least one healthy screened family member. one who takes the same precautions as staff to be allowed to come in and visit their loved ones for at least 2 hours a day for at least 2 days a week. This is the moral, compassionate and right thing to do for all our sake. Limiting patients to Just one visit per day for only 15 minutes per visit is totally unacceptable and needs to be corrected immediately for all our sake.

Thank You and God Bless You from Chaplain Paul 193 John 14:27

# Right Now

By Chaplain America 193 Oct 29 2020

Right now there are fruits and vegetables growing at a farm in field out there somewhere that one day will be harvested and shipped and packaged and delivered to the store where you shop. It will sit on the shelf waiting patiently for you until you arrive and pick it out and buy it and take it home with you to eat.

Right now there are many things growing and being manufactured that one day you and your family will buy and use. I mean just think about all of the things we use in a single year, in a single month, in a single week and in a single day. All of these things had to of come from somewhere right? When we take the time to sit and think about these things it reminds us all that we are all dependent upon each other in one degree or another and yet we live our lives as though we are separate and not connected to each other.

Think about just one item and how many people it takes to get that one item to your dinner table, lets say a BLT sandwich for example all of the ingredients and all of the things that go into getting that BLT to your table could be in the thousands of people, from everything from the farms to the factories to the delivery trucks, ships, trains, etc everything it takes to get the bacon, lettuce, the tomatoes, the mayo the harvesting, processing, packaging, delivering the store that sells these things, your car and all the people it took just to make your car so you could drive to the store to get the things needed in order to make your sandwich.

When we get right down to it we are all connected and if we knew all the people involved we would be amazed. Now here's the kicker are we grateful and appreciative for all of these people's efforts and hard work just so we could sit at the table and have a BLT. O and then there are the people who made your table and built your house the list goes on and on and this is just one BLT sandwich we are talking about.

So where am I going with all of this? The guy who bagged your groceries for the last 40 years for instance played a major role in helping you to get the things you

bought at the store. He was probably very nice and helpful to you and your family in fact you most likely know his name.

Well here it is 40 years later and Bill, or John or Steve or Frank is suddenly gone. After a few months you ask the checkout what happened to him and are told he had a stroke and is now in a nursing home. You pause for a min. then tell the checkout girl that that's too bad he was a very nice man and that's about it. 40 years of bagging our groceries and stocking the shelves so we can eat and that's it and life goes on.

Well you see this is the problem today the guy who was very nice and very helpful to us for years now finds himself in a nursing home sad and all alone with no one to help him. I ask you how sad is that after a life time of helping others we just look the other way and assume he will be ok. We have got to begin looking out for each other because if not we too run the risk of being all alone and on our own in American healthcare and I'm here to tell all of you as a Community Chaplain serving in a care center if you are all alone it is a living hell. The guy who spent 40 years helping us can't even get a two hour a week visit so he feels appreciated and loved?

With us being by his side it insures he will be receiving a better quality of care and by us going to visit each week he will have something to look forward to and his mental health will be in a more positive state of mind because he knows we have his best interest to heart.

The Bible teaches us to love thy neighbor as thy self and we are to treat others as we would want to be treated and the parable of the Good Samaritan in reaching out in helping others. If we continue to ignore these very important teachings and if we continue to turn a blind eye to the pain and sufferings of others then we only condemn ourselves to the same awful misery, suffering, and pain one day. It's definitely something to think about so please take the time to think about it for all our sake. John 14:27

Please consider contacting the Activities Director at any Hospital, care center, medical rehab or nursing home and offer to be a blessing to someone who is all alone and suffering. Even now one could be a huge blessing right from home to someone who is confined to one of these places.

# The Scarecrow

by Chaplain Paul D Vescio 2015

Traveling down the yellow brick road of life  
I suddenly came upon a lonely scarecrow hanging  
from a tree, and with a deep sense of sadness and  
wonder I looked at him and asked,

“Hey Scarecrow, do you know the Way?”

He just shook his head and said, “No not today”  
Then I asked him if he knew Jesus, He still didn't  
look at me or have very much to say.

Then I asked,

“Hey, why are you bound to that old  
oak tree anyway?”

And with his face filled with much sadness he said,

“Well you see I lived my life without even a  
care, I never took the time to read God's Word or get  
to know His Son Christ Yeshua and now satan has got me all  
tied up in there. For I haven't got the mind of Christ or much of  
a godly brain; you see it's void of God's Holy Word,  
so here I sit in this awful spiritual pain.”

Then I said, “Well I can begin to share our Lord's  
Word with you each and every day, as we take a  
walk with Christ Yeshua together on into a brighter  
new day.”

“First let’s learn John 3:16 together so that the cords that bind you can simply fall away, then we can begin our faith walk with Christ Yeshua together as we give Him all the thanks and praise.

Romans 10:9-10

That if you confess with your mouth the Lord Yeshua and believe in your heart that God raised Him from the dead you will be saved.

For with the heart one believes unto righteousness and with mouth confession is made unto salvation...

Hebrews 4:12

For the word of God is living and powerful and sharper than any two-edged sword piercing even to the division of soul and spirit and of joints and marrow and is a discerner of the thoughts and intents of the heart...In Christ Yeshua's Holy Name I pray...Amen

John 14:27

# The Calm Before The Storm

By Chaplain America 193 Nov 4 2020

The calm before the storm is very peaceful and serene, it's a time of peace and rest, we bask in the warmth of the sun as blue skies with white billowy clouds float on by. In the back of our minds we all know that a very violent and powerful storm is coming our way. The fact is most of us don't like to think about it, we want to put it off for another day.

The calm before the storm makes us want to set aside our worries and just throw caution to the wind. We just don't want deal with it as horrifying as it is, we all see the warning signs all around us as we all read the handwriting on the wall and yet for some reason we all stick our heads in the sand and just put it off anyway, we choose not to deal with it on such a beautiful day.

Then one day a gray cloud is seen on the horizon, we stop and pause and think to ourselves it's still so far, far away, then with each passing day more and more gray ominous clouds do arrive soon it begins to rain and the winds begin to blow and the lightning and Thunder begin to crash all around us and we suddenly realize we need to run for our lives.

The powerful force of this storm comes rushing into our lives like a terrible flood, then without warning we are swept up in it and washed completely away never to be seen again that horrible day.

What is this awful storm that comes in without warning and destroys our lives and leaves us broke and distraught and filled with sadness in pain? It is the awful storm of American Healthcare that comes into our lives like the pouring rain as the waters rise we can't believe our tearful eyes, we begin to drown in a sea of debt as we sit there we're filled with great sorrow and a basket of regrets.

"I should've taken the time to learn how to navigate through American healthcare more effectively and I should have taken the time to learn what my civil rights are and what my civil liberties are in American healthcare.

I should have taken the time to learn how to eat more healthy in order to live a healthier life and I should have taken the time to learn how to be more kind and loving to all those who God has blessed me with in my life.

The calm before the storm is not a time to throw caution to the wind in putting off preparing for it for another day. It's a time to get on our knees and begin to pray that God will help us and guide us and deliver us from the terrible pain, sorrow corruption and greed of American healthcare when it finally comes crashing into our lives that fateful day.

John 14:27 Peace I leave with you. My peace I give with you, not as the world gives do I give to you, Let not your heart be troubled neither let it be afraid...Amen

## The Empty Box

By Chaplain America 193 Oct 28 2020

When my father died he gave me a box and told me that everything I need in helping me to navigate through American healthcare when I reach end of life issues was contained within the box and for me not to worry about anything. My father explained that because he and my mother had a very bad time of things in dealing with their illnesses that he had collected all of the necessary information and resources needed in order to make my end of life experience a piece of cake.

My Dad made me promise him not to open the box until after I had been in a nursing home or hospital for at least six months this way when I finally opened the box I would have the resources to be able to correct any situation and in so doing be better off in the process.

Well Dad has been gone now for just about 40 years and my health is such that I am now living in a nursing home. I am not treated very well in fact I have been neglected at times and I have been treated rudely and I'm treated like a little child. I have to wait for over two hours sometimes to be changed and one night a patient with dementia came into my room climbed on top of me and started pounding on my chest thinking I was having a heart attack and another time I was

given a medication that causes hallucinations and nightmares, it's a mood enhancer designed to keep me awake at night so I'm more easier to handle during the day because I'm too tired. These are just some of the horrible experiences that happen in these places and at night the cries for help go mostly unanswered, the needs are many but compassionate loving caretakers are very few.

We'll show them right dad? in two weeks I'll be here six months and when I open my box boy are they gonna get it, I can't wait to open the box so I can let loose all of the resources and help that my father compiled for me I bet there's a long list of lawyers and I bet my father left me a Journal with all kinds of advice on what to do in these circumstances, my dad was a very wise man and I know that he took the time in placing in the box everything I need in order to make my experience in here much better. Boy are all these people gonna pay I can't wait to open my box.

Two weeks later on a cold December morning I asked the nurse to please hand me the box. I was so excited finally I was gonna get back at these people for the way they treated me. I know my dad would just love to see these people pay. I unwrapped the box and I opened it and to my amazement it was empty, well there was a letter and in the letter my dad explained that because he and my mother had such a horrible experience in American healthcare that he didn't want me to worry and that the greatest gift that he could give me at this point in my life was the word of God and written all on the inside of the box were scripture verses, he said take your time, read and meditate on each one, pray to the Lord, place your faith and trust in Him, if you have a Bible read it, if you don't make sure to get one if you can't get one read the scripture verses over and over that I wrote in this box. Dad had written over 1000 scripture verses on the inside of the box and he said he loves me and that we will be together again one day in Heaven with my mom and my brother and all of our family.

Dad said to start with this scripture verse and to open my heart in inviting Christ Yeshua to come into my life.

John 3:16 For God so loved the world that He gave His only begotten Son that whoever believes in Him should not perish but have everlasting life...Amen

Revelation 3:20-21 Behold I stand at the door and knock if anyone hears My voice and opens the door and lets Me in I will come in to him and dine with him and he



with Me to him who over comes I with grant to sit with Me on My throne just as I over came and sat down with My Father on His throne...Amen John 14:27

To Court Love Dad Oct 31 2020

Out of Pain and Suffering Comes Wisdom and Growth in the Form of a  
Gentle Sparrow

For me one of the hardest things about being a Father is having to deal with the broken hearts of my children. To see the pain and sorrow in their eyes and realizing that I am the cause of their sorrow and pain is awful and heartbreaking.

There once was a Gentle Sparrow who sang in the trees, she was free spirited and flew all about, she knew exactly where she was going in life without even a doubt. The Gentle Sparrow touched the lives of many suffering poor souls, she gave of her compassion and time in healing their wounds. The Gentle Sparrow was very smart and she was very skilled in helping those who were suffering each day.

The Gentle Sparrow flew home to see her Father one day, O was he so happy to see her he fell to his knees and started to pray, "O Lord thank you for my Daughter who I love very much and thank You O Lord for Your blessings and love as You continue to watch over all of us from the sky above."

The Gentle Sparrow decided to spend the night and for some reason something wasn't quite right. About 11 pm as we were all fast asleep a snake made its way up the tree you see he was after my Daughter and me.

Right when I awoke the snake was inches away from my Daughter's face I jumped into action and pushed her out of the way and as I did the snake got hold of me and right before the end I told my Daughter I love her with all my heart, and do not cry because we'll be apart, we will see each other in Heaven one day.

Being a Father means making mistakes at times in breaking our children's hearts but as their Father I'll always be there for them until the day we part.

I love you Court you are my Daughter, and you mean the world to me, I may say and do things that may at times hurt but never forget I love you with all my heart and I always will... Love Dad John 3:16 John 14:27

## THE HEALTHCARE ADVOCATE

By Chaplain America 193 Nov. 1 2020

When we enter into American healthcare, we have got to have all our ducks in a row by knowing in advance who to contact when dealing with certain issues. It is critical that we learn how to properly navigate through American healthcare not just for our own sake but also for our loved one's sake as well.

Take the time to find out who the Ombudsman is for each health care facility that you may have to go into someday this would mean contacting the Ombudsman Department and asking them about who is the Ombudsman for a particular hospital, nursing home, care center, medical rehab in your area.

The Ombudsman is charged with being your advocate while you or someone you love is in a health care facility. The Ombudsman arbitrates on your behalf with the health care facility to resolve certain issues, they are a key member of your health care team get to know them in advance and be sure to call them in on day one of being admitted into a health care facility this way the health care facility knows that you know how the system works and that you mean business. This is how things are done in order to protect ourselves in American healthcare.

Another key player to have in your corner is the Surveyor. The Long Term Care licensing Department has Surveyors for each health care facility if there are any infractions in the CMS guidelines that the health care facility is failing to comply with then you can contact the Long Term Care Licensing Department and file a complaint and a Surveyor will be sent out on site to make sure that the facility complies with the CMS Guideline rules. If the health care facility still remains out of compliance after the surveyor comes on site, then that facility will be heavily fined for being out of compliance. Google and print out the CMS Visitation Guidelines for your state and for the nation.

Another key player to have in your health care corner is a Civil Rights Division. Each state has their own Civil Rights Division that is attached to the Attorney General's Department, get to know what your civil rights are and what your civil liberties are in American healthcare print out documentation on what your rights as a patient are and what your rights as a family member are learn them and have them with you because if a health care facility is violating your civil rights then the people to call are the Civil Rights Division of your state talk to a Compliance Officer tell them the situation and if they indeed are violating your civil rights file a complaint it's their job to arbitrate with the health care facility in making sure your civil rights and your civil liberties are being honored.

Another key player is your Pastor or Chaplain, having a compassionate Pastor or Chaplain in your corner can mean all the difference between having a healthy positive state of mind or living in a state of hopelessness, anxiety, despair, and depression. don't wait until someone you love is in the hospital before you take the time to reach out to a Pastor or Chaplain, get to know them now while the skies are blue so when the storms of life come blowing in there already in your corner, they know you, they know your family, and they'll go the extra mile to be there for them.

When entering into American healthcare get the names of the Chaplain onsite if they have one and have that person come for a visit. Find out who the Social Worker, Activities Director and the Charge Nurse is, getting to know who these people are and how to contact them can help in expediting your loved ones needs more quickly, get to know what each of these person's responsibilities and functions are, this is how we prepare ourselves, also get to know your illness in side and out. Study what are the best options and what are the best treatments and what's best for you, after all you know your body more than they do. The first thing that happens when you go into American healthcare is the primary care physician will order a series of tests by a stream a specialists, their argument is better to be safe than sorry my response to that is, it's better to be left alone with peace of mind then to be turned into a human pincushion for profit and greed. The fact is we don't need all of these tests, we need the tests that address our illness, be selective, be smart, ask questions, use the Internet to do research, keep your guard up, have at least one healthy screened family member be your medical healthcare advocate. Take notes, take names, watch very closely what's

going on. some of the most deadliest preventable medical mistakes in American healthcare are because patients were given the wrong medication or they were given multiple medications too close together or they were given the wrong dosage or they were given medication that the patient was allergic to but the staff was unaware of.

This is why it's so important to have somebody we love standing by our side when we enter into American health care, accidents happen, neglect happens, abuse happens, incompetence happens, greed happens, and if you have a strong advocate by your side who's watching over you, praying over you and making sure that you're receiving the love and comforts from home then the odds of these mistakes happening becomes very low because we're there holding staff countable in making sure that we catch mistakes in time when they are made.

These are only some of the precautions we need to take in American healthcare. I wrote a book with very simple down to earth instructions on how to protect ourselves and our families in American healthcare it's called, How to Protect Our Families in American Healthcare and it's FREE as a PDF file on my website [www.miraclesofkingman.com](http://www.miraclesofkingman.com)

God bless you, be aware, be safe from Chaplain Paul 193 John 14:27

# The Island of Misfit Christians

By Chaplain Paul 193 Nov 7 2020

There's a place not too far from reality, in fact it's closer than we may think. It's right around the corner and just up the hill and around the bend. Actually, it's an island far out in the middle of the sea, you see it's a place where all the Misfit Christians seem to be.

First of all we have to ask the question,

“What is a Misfit Christian anyway?”

Well a Misfit Christian is someone who really does not fit in at any particular Church. Try as they might and search as they may they just can't seem to fit in anywhere in these last days.

A Misfit Christian of which I am one, is someone who goes to Church with very high hopes but feels left out. To us people march into the Church and sit for a while then off they go and that's about it. After a while going to Church where we feel lost in a crowd isn't what we are looking for so we simply move on and continue the search.

O I know what you're going to say,

“Have you tried taking a class or going to a Bible study at Church?”

O yes I've done all of those things until I was blue in the face, the fact is what I'm really looking for is what we had in prison a real Church Family. We all knew and cared about each other, we were like real Brothers in Christ because we were all in the same boat and we were all in one accord for the glory of God and when we all came back home we suddenly realized of just how blessed we truly were.

The Body of Christ at Kingman State Prison was the most blessed prison Church in Arizona and quite possibly in the nation without a doubt. Now we are all scattered about planting and watering seeds for the glory of God but we are all misfits we all feel out of place. O I know Pastor Doug, Pastor Tracy and Pastor Tino would say that their just fine but deep down I know they miss the fellowship and joy that we all received while at Kingman.

I know even Chaplain Basye would give a reassuring nod and a wink because deep in his heart Kingman State Prison will always hold very special memories for us all.... God Bless You from Chaplain Paul. John 14:27

## The Next Best Thing In Life

To Court Love Dad Sept 28-20

It seems we are always chasing after the next best thing in life, we want something or we're constantly working on achieving our goals but when we finally reach the finish line we are not satisfied with our accomplishments, we want and you guessed it, we want the next best thing in life. We no sooner finish one thing and it's off chasing after another.

The Bible teaches that we need to enjoy the fruits of our labors and chill out for a few. The fact is with all of this casing the real question becomes,

"Where are you going?"

"ON YOUR MARK, GET SET GO!!!!!!!!!!!!!!....."

And the race is on, I want to finish Kindergarten, I want to finish grade school, I want to finish high school, I want to learn to drive, I want a car, I want a boyfriend or a girlfriend, I want to finish college, I want to career, I want to move out, I want to make a pile of money, I want to get married, I want to buy a home, I want to start a business, I want to have children, I want my children to be successful, I want grandchildren, I want, I want, I want, I want, I want, I want, and I want until the cows come home. And in the end the question becomes, "Where are you going?"

The Bible teaches us, And what would a person gain if he received the whole world and yet loses their soul and what would a person give in exchange for their soul?

Where we wind up in the after life is far more important then where we wind up in this life as in the here and now.

The most important Next Best Thing in this life is the next best thing of salvation through Christ Yeshua our Lord. He and He alone is the Light of the world, He is The Way The Truth and The Life, He is The Good Shepherd, He is The Sheep Gate, The Bread of Life, The True Vine, He is the Resurrection and the Life, He is our Passover Lamb, He is the Lion of Judah, He is the Alpha and the Omega, the Beginning and the End, the First and the Last, Christ Yeshua is King of kings and Lord of lords and He shall come again in all His glory to fulfill the promises of God...Amen

Christ Yeshua is THE NEXT BEST THING IN LIFE BECAUSE HE AND HE ALONE IS THE WAY THE TRUTH AND THE LIFE...Amen

John 3:16 For God so loved the world that He gave His only begotten Son that whoever believes in Him should not perish but have everlasting life.

Revelation 3:20-21 Behold I stand at the door and knock if anyone hears My voice and opens the door I will come in to him and dine with him and he with Me. To him who overcomes I will grant to sit with Me on My throne as I also overcame and sat down with My Father on His throne.

John 14:27

## The Slaughter House

By Chaplain America 193 Oct 31 2020

The sheep and the cattle are all comforted on the other side of the farm they're all given the comforts of life and shielded from any harm; they spend their days with simple ease as they graze among the Apple trees.

The farmhands give the cattle and the sheep all their needs, the sheep and the cattle spend their days without a care in the world grazing and living life, O it's simple ease as they all graze under the Willow trees.

At the end of the day all the sheep and cattle are herded safely away as they spend their night safely in the barn as the farmer sits in his rocking chair and spins a yarn. The farmer tells the cattle and sheep of a story where all of them will live

at ease until their final days having whatever they please. The sheep and cattle love the farmer they trust him with their lives as they all fall fast asleep. O but on the other side of the farm tucked away out of sight is the slaughter house where all of the cattle and sheep will go one horrible night. Each head of cattle and each one of the sheep has their own special number as they all fall fast asleep and when their number is finally up they will each be separated from the herd and escorted to the slaughter house never to be heard from again.

All of the cattle and sheep are totally unaware of the horrors that face each of them one horrible day. They all live a life of simple ease without a care in the world, they all live a life of ease doing whatever they please living under the shade of the Sycamore trees.

We too in America are like unsuspecting cattle or sheep if you will as we each live a life of ease and one horrible day or night each of us will be herded away as we all go to the slaughter house of American health care and have all of our dignity and freedom stripped away, we will be led like sheep to the slaughter without a doubt, I tell you America, horrors like these we could all do without...

If we do not take the time to educate ourselves on what our civil rights are or what our civil liberties are or how to defend them or how to exercise them or take the time to learn how to effectively navigate through American healthcare in order to protect ourselves and our loved ones then we too will be led like unsuspecting, naïve little children straight into the lion's den for profit and greed. American healthcare is a very violent and unforgiving storm and the only way through it is through Christ our Lord.

Our faith, hope and trust in Christ the Lord helps to shield us from the pouring rain of American healthcare's horrible suffering and pain. Preparation comes through strong faith... Invite Christ Yeshua to come into your life so He can help you to come out of the pouring rain and bask in the light of His glory for the glory of God...Amen

Proverbs 3:5-6 Trust in the Lord with all your heart and lean not on your own understanding in all your ways acknowledge Him and He shall direct your paths...Amen John 3:16 John 14:27 Isaiah 41:10



Isaiah 40:28-31 Have you not known have you not heard the everlasting God the Lord the Creator of the heavens and the earth neither faints nor is weary, His understanding is unsearchable. He gives power to the weak and to those who have no might he increases strength. Even the youths shall faint and be weary and the young men shall utterly fall but those who wait on the Lord shall renew their strength, they shall mount up with wings like Eagles, they shall run and not be weary, they shall walk and not faint...Amen

## THE WARNING OF THE WATCHMAN THE TRUTH ABOUT AMERICA

By Chaplain America 193 Oct 17 2020

When a nation turns a blind eye to the horrors and the suffering that are happening and that nation is one day destroyed by God and he gives it to another people then it won't be just for the things that nation did it will also be for the things that nation refused to do.

Ezekiel Chapter 33 The word of Adonai came to me, "Human being speak to your people say to them suppose I bring the sword on a country and the people of that country take one of their men and appoint him their watchmen. Now if upon seeing the sword coming against the country he blows the shofar and warns the people then if the sword comes and takes away someone who heard the sound of the shofar but pay no attention to it that responsibility for that person's death will be his own, he heard the shofar but paid no attention so the responsibility for his death is his own, whereas if he had paid

attention he would have saved his life. But if the watchman sees the sword coming and does not blow the shofar so that the people are not warned and then the sword comes and takes anyone of them that one is indeed taken away in his guilt but I will hold the watchman responsible for his death.

Likewise you human being I have appointed a watchman for the House of Israel therefore when you hear the word from My mouth warn them for Me. When I tell the wicked person, “Wicked person you will certainly die” and you fail to speak and warn the wicked person to leave his way then that wicked person will die guilty and I will hold you responsible for his death on the other hand if you warn the wicked to turn from his way and he doesn't turn from his way then he will still die guilty but you will have saved your own life.

Therefore, you human being say to the House of Israel, “You say, Our crimes and sins are weighing us down we're pining away because of them how can we even stay alive?”

Say to them, “As I live swears Adonai Elohim, I take no pleasure in having the wicked person die but in having the wicked person turned from his way and live. So repent! Turn from your evil ways! For why should you die House of Israel?”

Next you human being say to your people: The righteousness of the righteous person will not save him once he starts committing crimes and likewise the wickedness of the wicked person will not cause him to fall once he turns from his wickedness. No the righteous person cannot live by virtue of his

former righteousness once he starts sinning. So if after I tell you the righteous person that he will surely live he begins trusting in his own righteousness and starts committing crimes then none of his former righteous actions will be remembered. On the contrary he will die for the evil deeds he has committed. Likewise if after I tell the wicked person you must die he turns from his sin and does what is lawful and right, if the wicked person restores pledged property what he stole so that he lives by the laws that gives life and does not commit evil deeds then he will live he will not die. none of the sins he committed will be remembered against him he has done what is lawful and right he will surely live.

Now your people say, Adonai's way isn't fair. But it is their way, theirs that isn't fair! when the righteous person turns away from his righteousness and commits wickedness, he will die because of it. And when the wicked person turns from his wickedness and does what is lawful and right he will live because of it. Yet you say, Adonai's way isn't fair! House of Israel I will judge each of you according to his ways.

In the 12th year of our exile on the 5th day of the 10th month a fugitive came from Jerusalem, he came to me with the news the city has been struck. Now the hand of Adonai had been on me that evening before the fugitive arrived he had opened my mouth prior to his coming to me in the morning, so my mouth was open and I was no longer mute. Then the word of Adonai came to me, "Human being those living in the desolate parts of

the land of Israel are saying Abraham was only one and he inherited the land but we are many so how much more is the land given to us to inherit? Therefore, tell them that Adonai Elohim says, “You eat flesh with blood you raise your eyes to their idols and you shed blood and you still expect to possess the land?”

You depend on your swords you commit disgusting practices and each of you defiles his neighbor’s wife and you still expect to possess the land? Tell them that Adonai Elohim swears,

“As I live those living in the ruins will fall by the sword those in the countryside I will give to the wild animals to eat and those in the fortresses and caves will die of the plague. Moreover I will utterly desolate the land it will cease taking pride in its power and the mountains of Israel will be so desolate that no one will pass through, then they will know that I am Adonai when I have made the land utterly desolate because of the disgusting practices that they have committed.

Now you human being your people are gathering and talking about you by the walls and in the doorways of the houses they're saying to each other each one telling his brother, “Come let's go and hear the latest word coming from Adonai.” So then they come to you as people do sit in front of you as my people and hear your words but they don't act on them. for with their mouths they flatter you but their hearts are set on their own self-interests so for them you are like a love song sung by someone with a nice voice who can play an instrument well

they hear your words but they don't act on them. So when all this comes true then at last they will realize that a Prophet has been there with them.

If our nation is going to continue to dump their family members in these nursing home houses of torment and greed and America's healthcare providers are going to continue to treat these poor suffering people who are facing end of life issues like zoo animals and prison inmates, then we will reap what we sow. If we are going to continue to abandon our family members in these places and allow them to be treated like concentration camp prisoners, then God will one day abandon us.

At some point, God will remove His blessing that He has placed over our nation and just like He has done so many times before in world history He will deliver this nation into the hands of persecution. Time is running very short all hell is going to break loose and when it finally happens it will be no one's fault but our own... God is a patient God but He is also a God of justice...Amen

Ezekiel 34:1-6 The word of Adonai came to me, "Human being prophesy against the shepherds of Israel. Prophesy! Tell them the shepherds that Adonai Elohim says this, Woe to the shepherds of Israel who feed themselves! Shouldn't the shepherds feed the sheep?

You eat the choice meat you clothe yourself with wool and you slaughtered the best of the herd but you don't feed the sheep! you don't strengthen the weak heal the sick bandage the broken bring back the outcast or seek the lost on the contrary you traumatize them with crushing force so they were scattered without a shepherd and became food for every wild animal, they were scattered. My sheep wandered around aimlessly on every mountain and hill yes My sheep were scattered all over the land with no one to search for them or look after them."

Ezekiel 34:15 "Yes, I will pasture My sheep and I will let them rest says Adonai Elohim. I will seek the lost, bring back the outcast, bandage the broken and strengthen the sick, but the fat and the strong I will destroy I will feed them with judgment. Now Read Ezekiel Chapter 34

# There's a Powerful Storm Coming Our Way

By Chaplain Paul 193 Nov. 3 2020

There's a powerful storm coming our way and it's violent and unforgiving, it hits without mercy, it's heartless and full of greed. This horrible storm will rob each of us blind in the dead of night and set us in a world of need.

There's a powerful storm coming our way that promises healing while taking all of our life savings completely away. It seeks to make a profit off our misery and pain, it will literally blow our house down as each of us drown in a sea of debt.

There is a powerful storm coming our way and it could care less if it blows each of us completely away. What can each of us possibly do when this powerful storm hits in the dead of night? What can we do to keep the powers of darkness and greed from sweeping us completely away? What can we do in bringing in the light of hope on that fateful day?

We could begin with prayer in asking God to guide our steps in providing each of us with the wisdom and guidance that we most certainly need in order to weather out this very powerful storm of profit and greed. We can take the time to learn what are civil rights and what are civil liberties are in American healthcare. We can take the time to properly learn how to effectively navigate through American healthcare in order to help each of us get through the pouring rain so we can better deal with our sorrow and pain.

If we take the time to properly prepare then each of us and our loved ones will have a fighting chance and their experience in dealing with American health care will be greatly improved.

The danger is real and the stakes are very high, the storm of American health care is a major threat to you and I, so take the time to prepare in advance so that when the American healthcare storm of profit and greed comes blowing in with powerful speed you and your family won't be crushed by it's horrible misery, incompetence and greed as it seeks to make our families suffer and bleed.

Be informed, be safe, and always remember,  
If we're educated we are equals and if not we are victims.  
God bless you from Chaplain Paul 193 John 14:27

## They Died All Alone

By Chaplain Paul 193 Oct 23 2020

I was recently allowed back into the acute respiratory care center and medical rehab where I serve as a Volunteer Community Chaplain. After months of contacting my elected officials, sending out letters and e-mails and press releases and making phone calls to a variety of organizations around the country.

I found out that the patients who were friends of mine had died and they died all alone without having their family members or their Chaplain by their side. I know some of these patient's family members like Patrick's family. Patrick was a guy who reminded me of Santa Claus, he was the nicest guy one could meet. Patrick's family came in every day to visit him. His family was everything to him.

When I received the news that Patrick had died I immediately knew why, you see Patrick died of a broken heart for being separated from his family. This is the country we now live in and the overall acceptance of it is shameful and totally unacceptable.

I just found out yesterday that another patient that I know of had died, this patient was semi coma and her husband came in every day his name is Kevin. Kevin would come in and sit by his wife's bedside. Kevin is probably in his 50s and the stress of watching his poor wife suffering in the facility where I served was overwhelming for him many times I would sit with Kevin and try to cheer him up and get him back into a better mindset this man at times would be riddled with worry and anxiety because of the way his wife was being treated it was absolutely critical that I spend time with Kevin in order to lift him up and help him. with the coronavirus policies that were set in place and the fact that I was locked out I lost contact with Kevin subsequently his wife died this poor man is probably in a

mental institution because I hardly think he could handle the stress of losing his wife, she was everything to him and he stayed by her side every day making sure that she was receiving proper medical care and that the staff was doing their job and doing it right. This is why it is so important to have at least one family member or friend by our side when we enter into American healthcare the fact is the way the system is today if you're uneducated if you don't know how to navigate through American health care you will be led like sheep to the slaughter for profit and greed.

There are other patients whom I've cultivated relationships with that I've now lost contact with. I will in the days to come reach out to the ones that are still at the health care facility where I serve to see if they would like me to come in for a visit I honestly feel that they feel abandoned. I honestly feel that they're very upset with what happened and I don't blame them it is immoral, evil, criminal and an absolute disgrace that this is what happened in the United States of America that this would be allowed to happen in American health care.

If you don't think this can happen to you then you my friend are gravely mistaken, if you don't think these horrors can happen to someone you love or someone you know you're only fooling yourself when one person's civil rights are violated it affects all of us one way or another. It's time to stand up for what's right it's time to fight back it's time to say enough is enough its time to learn what are civil rights and what our civil liberties are it's time to learn how to defend them it's time to learn how to exercise them it's time to learn how to teach them to others and it's time we all learn how to get along and stand up for what's right in order to create positive change for our nation and the world.

God Bless you all respectfully Chaplain Paul 193 John 14:27



# Thomas, The Saved Turkey

by Chaplain Paul D.Vescio 11-29-13

Thomas was a turkey who really needed to be saved, I mean life was great on the farm and all but as November approached things just didn't seem right with life on the farm anymore. And to make matters worse with each passing day more and more of Thomas's turkey friends just seemed to disappear. Then about a week before Thanksgiving big trucks pulled in and took just about every single turkey away. Soon there were only about four turkeys left on the whole farm.

It was now Thanksgiving morning and Thomas received a very special visit from Pastor Eagle who flew in to see if there were any lost turkeys to be saved.

“Thomas, Thomas” I'm Pastor Eagle you need to come with me and get saved from certain death son.”

“O my” said Thomas, “What do you mean Death?”

“Death son I mean real death, these folks of the world will eat you up alive just like all your friends are going to be, for today is Thanksgiving Day son now come along with me and set yourself free!!!!”

Thomas left with Pastor Eagle that day and was saved by the grace of God. Thomas went to live in a place where all of the eagles live in peace.

Now there where a few other turkeys there who got saved too, I would say about a half dozen or more and because they couldn't fly like the eagles could they had to unfortunately live on the ground. Things where not all roses for the turkeys you see there are wolves that live in the woods and badgers and bears.

To make matters worse the eagles treated the turkeys differently because they couldn't fly or hunt like the eagles could.

The eagles would say, “ Hey your saved you need to be more like us, you need to walk like us and talk like us and by the way if you were truly saved by an eagle how come you don't fly?”

Well over time the poor turkeys were doing most of the work and getting the least of the rewards.

Then one night two of Thomas's turkey friends got eaten by wolves because they ran off by themselves.

“That's it!!” Said Thomas, Now hear me Eagles, I do appreciate the fact that you saved me and the rest of us turkeys from certain death but we are not nor can we ever become eagles. We were happy down on the farm and even though life was short we were all together as a family. Living life and being yourself is a lot better and happier than constantly trying to live up to someone else's ideal of who we should be.”

We are going to leave and live life as God intended for us to live, one day at a time doing the best that we can focused on God and His love with thanksgiving for creating us as His turkeys.

Trying to be someone or something you're not can only bring discouragement and disappointment in life.

Be the person that God created you to be, individually and wonderfully made by God. Focus on God's love and try to do the best that you can with the gifts that God has given you. Maybe being a turkey isn't such a bad thing to a turkey, I mean maybe happiness and joy comes from being your true self in following Christ and by applying your God given gifts to others...In Yeshua's name I pray...Amen

### Genesis 1:1-3

In the beginning God created the heavens and the earth. The earth was without form and void and darkness was on the face of the deep.

And the spirit of God was hovering over the face of the waters, Then God said,

“Let there be light” and there was light...

## PSALM 139:1-14

LORD, You have searched me and known me. You know my sitting down and my rising up; You understand my thought afar off. You comprehend my path and my lying down, and are acquainted with all my ways. For there is not a word on my tongue, But behold O Lord You know it altogether. You have hedged me behind and before and laid Your hand upon me. Such knowledge is too wonderful for me. It is high I cannot attain it.

Where can I go from Your Spirit? Or where can I flee from Your presence? If I ascend into heaven You are there, if I make my bed in hell behold You are there. If I take the wings of the morning and dwell in the uttermost parts of the sea. Even there Your Hand shall lead me, and Your right hand shall hold me. If I say,

“Surely the darkness shall fall on me, Even the night shall be light about me; Indeed the darkness shall not hide from You, But the night shines as day; The darkness and the light are both alike to You.

For You formed my inward parts; You covered me in my mother's womb.

I will praise You for I am fearfully and wonderfully made,  
Marvelous are Your works and that my soul knows very  
well...

## TIME IS OF THE ESSENCE

By Chaplain Paul 193 Oct 20 2020

When I gave my recommendations to the Governor's task force  
On Long Term Care Visitation and to Consumer Voice Advocates  
who are an organization back east that advocates for long term  
care patients, both of these groups wrote the visitation  
guidelines for CMS. CMS stands for Centers For Medicare And  
Medicaid Services for the United States.

They left out a key element which is time. There were no  
guidelines added that deal with time as in how much time a  
visitor can have with a patient.

The amount of time spent with the patients and their family  
members is critical where end of life issues are concerned.  
Right now pastor Ken and I have been given only 15 minutes  
per visit to spend with the patient, we are allowed to come in  
separate and a visit could run 20 minutes. If we come in  
separate and see the same patient on the same day then that  
translates into a longer visit for that particular patient. I  
explained to the director that end of life issues take longer than

15 minutes and he basically agreed. The real question is can we at some point extend the amount of time? I honestly don't think these corporations know the significance of what we are doing when we go visit a patient.

Here it is in a nut shell, When I first go in to visit a patient I listen to their concerns then I try to facilitate there needs such as getting a nurse or getting a doctor or getting some water or getting the social worker or getting the maintenance guy or whatever else that they may need that I can go and do in talking to the necessary people to fulfill those needs. I sit with the patient, I watch TV with them, I'll ask them about their life experiences, I'll ask them about their family. I'll offer to read the Word of God to them or read my stories or poems, I'll offer prayer, I come offering a helping hand, a listening ear, a compassionate heart and encouragement through Christ's love.

We bring encouragement, peace, hope, love, comfort, compassion, and joy to the patients we visit.

This can sometimes take at least an hour or even longer.

Tuesday was the first day that Pastor Ken and I were back at the care center and all of our concerns have been worked out in a way that benefits all parties involved all except time. Time is of the essence of an effective healthcare visit. The longer the time the more positive the outcome. I have a few tricks up my sleeve but for now its one day at a time. In time with a little help from my friends I will seek to educate the powers that be

about the importance of having adequate time when visiting patients in a healthcare setting. God Bless You. John 14:27

## True Success Through Christ Our Lord

by Chaplain Paul 193 2-2-2019

Success is not measured in how much money a person has or in material wealth, True success is when we are at peace with God and the world around us... One could be in prison or homeless or living in a nursing home and be successful through their relationship with Christ. I was an inmate at Kingman State Prison in Kingman AZ on a drug charge, I served over 2 years. While there I gave my life to Christ... We in the Body of Christ were free in Christ...We would look at the guards and say they were the ones in prison spiritually, we were free...unless you have experienced what I am saying for yourselves it would be hard for you to understand what I am talking about...

The Apostle Paul experienced the same thing while he was in prison... He said no matter where he was or how bad the storms of life hit in life that he was free in Christ, I serve as a Volunteer Community Chaplain serving in some of the saddest low-income nursing homes there are, the level of suffering in these places would bring even the most cold hearted person to tears. We are successful when we place the needs of others before our own. We are successful when we take the time to help others by placing Service Above Self for the glory of God. We are successful when we serve Christ the Lord in humility, compassion, kindness, and love, We are successful when we invite Christ to come into our lives in genuine repentance and



love, we are successful when we forgive others as we ourselves have been forgiven by God... Amen

May God Bless all those who take the time to read this message, and I pray that it be received in love, in Christ Yeshua's Holy Name I pray...Amen John 3:16 John 14:27

## Wilted Flowers

By Chaplain Paul 193 Oct 29 2020

As I walk the sad and lonely halls of the care center where Pastor Ken and I serve I realized that many of these poor suffering people are like wilted flowers. Flowers require warmth and the love of God's sunlight and gentle rain, they require the help of bees to be pollinated and they require fertile soil in order to grow otherwise they slowly wilt away and die.

The human condition needs compassion, encouragement, kindness and love in order to thrive and grow. We require the Son's warmth and healing light of compassion and love for our own spiritual and physical healing and growth. We require fertile soil which is a receiving heart of obedience, forgiveness, compassion, and love. As I sat bedside and held Laurie's hand today it was as though a wilted flower had reached out to me desperately seeking the life giving waters of compassion and love.

I began praying for her then I softly began to resight scripture verses from memory. She opened her eyes and smiled and made a heart with her hands and mouthed thank you.

There are literally thousands of miles of wilted flowers living in nursing homes, care centers and medical rehabs across our nation who are desperately in need of the life-giving waters of kindness, compassion, salvation, and love. These poor souls are being starved for attention, compassion, encouragement, the Word of God, kindness, and love.

Each of us needs to find it in our heart to go and start a compassionate garden of our own by going into these places of sadness, hopelessness and despair and being a blessing to a wilted flower by sharing the love of Christ.

Please contact the Activities Director at any nursing home care center medical rehab or hospital and offer to be a blessing to someone that is all alone and suffering, Thank You and God Bless You from Chaplain Paul 193 John 14:27

Ps There are plenty of things we can do right from home in helping someone who is suffering and all alone in one of these places.

## WHAT IF?

By Chaplain Paul 193 Oct 24 2020

What If people began to really care about each other and What If we began treating each other like real sisters and brothers? What If we all took the time to stop thinking only about ourselves? What If compassion, thoughtfulness, honesty, kindness and love were the rules of the day, and What If sharing replaced greed and corruption, and What If a helping hand replaced selfish greed?

What If Abba Father was shown the same love His Son gives us, and What If the homeless family who lives in a cardboard box at the back of the store was given some food and a helping hand? I think if that was you are me we would truly understand.

What If just a single nursing home patient one who is very sad and all alone was given your time, friendship, and love, I know it would mean the world to them and you would truly be the answer to their prayers. The sad fact is very few people now a days take the time to really care.

What If we all began seeing each other through the eyes of Christ, what do you think we would see? We would suddenly see the homeless man living in his shoes under a bridge. We would see the drug addict strung out and confused. We would see the single mother who just cant make ends meet and we would see the blood of abortion dripping at our feet. We would see the battered wives crying and all alone and we would see abandoned nursing home patients being mistreated, lied to, abused and neglected who are out there suffering by the millions across our nation. We would see the prison inmate who needs a friend and we would see

millions of starving little children all around the world begging for fresh water and a piece of bread. What If we could realize that we all need each other just to survive and if we took the time to actually care about and love one another we would grow and thrive.

What if unforgiveness, racism, prejudice, bigotry, greed, hatred, selfishness, ignorance, indifference, pride, ego, arrogance, jealousy and envy were replaced with Christ's compassion, forgiveness, kindness and Love? I think the world would be a much better place to live in for us all. Amen. Real healing comes through repentance, compassion, forgiveness and love through Christ our Lord. John 3:16

## Tears

a poem by Chaplain Paul 193 10-10-18

I met a man the other day, he told me that his family took his house away. I met a woman with very sad eyes, she told me that she was tired of all of the broken promises and all of the lies. I met a man whose wife was on life support, I reached out to offer him prayer as he started to cry, I pleaded with God asking

“Please Lord don't let it be the time for this poor man's wife to die.”

Just then a nurse passed by with very sad eyes, you see she was having a very bad day, so I reached out my hand and we started to pray, after words she smiled and thanked me saying,

“Thank you, Chaplain, I needed that, you really made my day.”

Then I heard a women crying and alone, you see the staff was too busy to sit with her for a while, so I held her hand and told her a story then she gave me a comforting smile. I saw a woman looking out of the window with a blank stare, she asked me,

“Chaplain does anyone out there really care?” And as I walk these sad halls with Christ by my side I asked Him, Lord where are all of the people who care?” He answered me and said

“Sadly, satan has got most of them so terribly busy that they're not coming in to feed My sheep, sadly they've become so preoccupied they've fallen fast asleep.”

Abba Father I pray that good compassionate Christian volunteers will come forth by the thousands so as to chase out the darkness and bring in the light, and I pray Lord that volunteer Chaplains will line up like roaring lions and join in the fight, and I pray for Your guidance protection and love and we thank You Abba Father for watching over us from above...

Ps And as I went home I counted my blessings that day, the Lord smiled and said, “Good Job Paul, see you back here another day... Blessings come through the blessing of others, we are someone’s blessing and they are ours.

Thank You Abba Father for watching over and blessing our Family and for giving me the talent of writing these Poems, Stories and Writings for Your Glory, I love You and I Praise You in Christ Yeshua’s Holy Name I pray...Amen John 14:27